

PLAYBOOK

10.14.18

SCAN IN THE VIKINGS
APP FOR MORE ON
CB XAVIER RHODES



MYSTIC LAKE

THE COMEBACK

WITH AHMAD RASHAD

Q. TELL US A LITTLE ABOUT YOUR ANKLE INJURY.

A. I'd had a bad ankle for about 25–30 years and it was progressively getting worse. I'd already had numerous operations, and it just got to the point where I couldn't live the way that I wanted to.

Q. WHY DID YOU PICK TWIN CITIES ORTHOPEDICS?

A. I'd been searching the country to find a physician who could perform an ankle replacement surgery. When I found TCO and spoke to the physician who'd perform the surgery, it was a no-brainer. I love Minnesota and it all seemed to come together there for a reason. One of the coolest things about my experience is that TCO is the official medicine provider for the MN Vikings. You know, once a Viking always a Viking!

Q. WHAT CAN YOU TELL US ABOUT YOUR EXPERIENCE AT TCO?

A. The most important part of any surgery is what you do afterward, including therapy. TCO was right on point, from the time my surgery ended to the time I could move my toes. I've had a lot of surgeries, but I've never had the post-care that I had at TCO. Their therapists were right there with me, helping me move forward, and their facilities are second to none. It all felt very personal—they were truly concerned about my condition and getting me healthy again. Choosing TCO was the best decision I ever made; I could never find this type of surgery or care anywhere else. It changed my life forever and I've never looked back.

“Choosing TCO Was The Best Decision I Ever Made”

Q. ANY ADVICE FOR SOMEONE CONSIDERING ANKLE REPLACEMENT SURGERY?

A. If there's anyone considering this sort of surgery, there is one thing that I would tell you: Go to TCO! They will take wonderful care of you. It's a no-brainer.

Ahmad Rashad
TCO Patient
Ring of Honor Recipient



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Vikings at Eagles

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Scan the cover in the Vikings app using the 'augmented reality' feature under the 'more' tab for more on Xavier Rhodes.



WE ARE VIKINGS, NOT BARBARIANS

We are confident that our fans lead the NFL in enthusiasm, support, hospitality and sportsmanship. Our image is shaped not only by our players, coaches and employees but by our fans, as well. Our goal is to create a high-energy environment to lend support to our team, while maintaining a family-oriented atmosphere.

TO ENSURE that all fans have a pleasant game-day experience, each patron should act responsibly and be considerate of others. Unruly behavior will not be tolerated and, in some cases, might be deemed grounds for dismissal from U.S. Bank Stadium. These cases include, but are not limited to, the following:

- Being under the influence of drugs or alcohol
- Underage drinking
- Actions that are harmful to or endanger others
- Throwing items of any kind
- Using foul or abusive language and/or gestures
- Displaying inconsiderate behavior toward others
- Disorderly conduct
- Wearing obscene or indecent clothing
- Smoking in non-designated areas

- Sitting or standing in the aisles
- Entering or attempting to enter the field of play
- Failure to follow instructions of stadium security personnel
- Entering the stadium with any prohibited items
- Harassment of visiting-team fans

Season Ticket Owners are responsible for the actions of any individual using their tickets. Any of the above behavior by anyone using an account owner's ticket(s) may be cause for non-renewal of ticket privileges. Vikings management and security reserve the right to deem an act or exhibited behavior as inappropriate and take action, based on available information and circumstances. Thank you for making U.S. Bank Stadium an enjoyable and friendly atmosphere to watch Vikings football!

REPORT GAME DAY ISSUES

Text VIKES (space), the issue and location to:

69050

You may also contact an usher or security officer, or stop by the nearest Guest Services location, to report the problem.

Standard text message rates and other charges may apply.

NFL BAG POLICY

The Vikings strongly encourage fans to not bring any type of bags, but should the need arise, fans will be able to carry the following style and size bag, package or container at stadium plaza areas, stadium gates, or when approaching queue lines of fans awaiting entry into the stadium:



CLEAR PLASTIC BAG
No larger than 12" x 6" x 12"



SMALL CLUTCH BAGS
No larger than 4.5" x 6.5"



ONE GALLON BAG
Clear plastic freezer bag

IT'S TIME TO TACKLE CANCER

LET'S GIVE BACK. TOGETHER WITH THE MINNESOTA
VIKINGS, WE SUPPORT LOCAL CANCER CHARITIES.

Mystic Lake's **Change for the Better** program allows guests to donate change to charity when redeeming their winnings from the casino. Throughout October, all **Change for the Better** donations from Mystic Lake guests will go to these local cancer charities:

American Cancer Society MN
Cancer Legal Care
Angel Foundation
Hope Chest

Plus, for every Mystic Lake®/Little Six® app download in the month of October, Mystic Lake will donate an additional \$5 up to \$20,000.

It's a simple game plan—Detect early! Catch it early!



OWNED & OPERATED BY THE SHAKOPEE MDEWAKANTON SIOUX COMMUNITY



Mystic Lake
CASINO • HOTEL

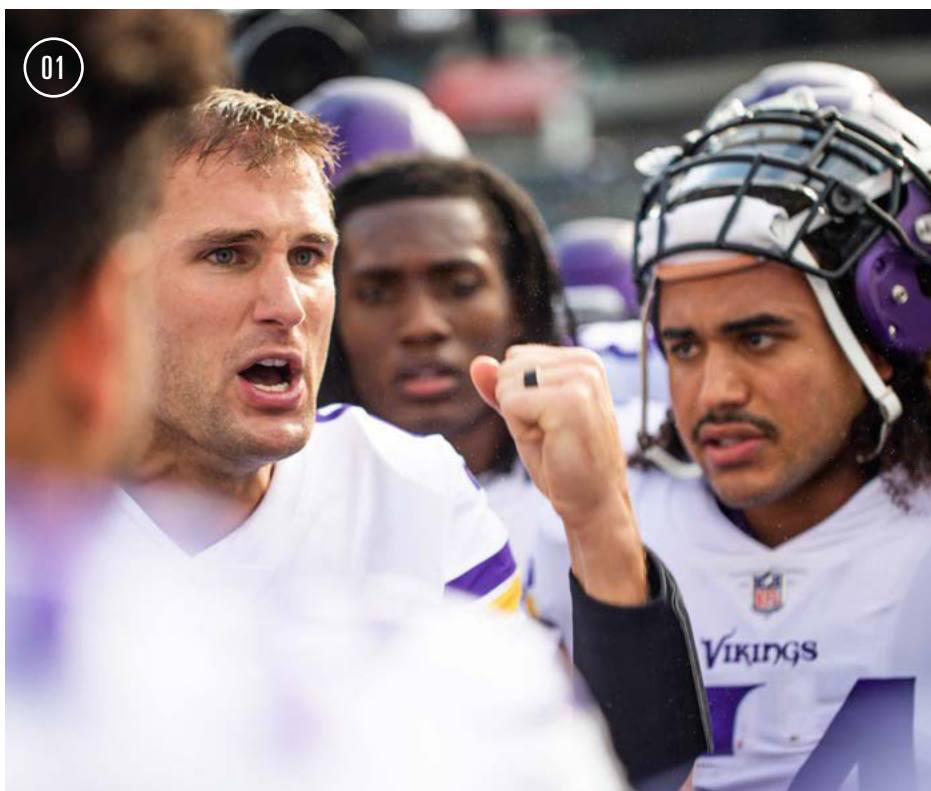
VIKINGS

AT EAGLES

THE VIKINGS DEFEATED THE EAGLES 23-21 IN WEEK 5 TO IMPROVE TO 2-2-1 ON THE SEASON.

Minnesota returned to Philadelphia for the first time since the 2017 NFC Championship Game and never trailed.

Kirk Cousins delivered a fiery pregame speech before completing 30 of 37 passes for 301 yards and a touchdown for a passer rating of 109.6, and defensive tackle Linval Joseph returned a fumble forced by Stephen Weatherly 64 yards for a touchdown.



01 | Cousins became the first player in NFL history to have 30 or more completions in four consecutive games.

02 | Eric Kendricks recovered a fumble by Jay Ajayi at the Minnesota 5-yard line. The takeaway halted momentum from swinging to the Eagles in the third quarter.

03



04



03 | Adam Thielen led the Vikings with 116 yards and a touchdown on seven catches. It was his team-record fifth consecutive game with at least five catches and 100 receiving yards.

04 | Weatherly forced a fumble during a sack of Carson Wentz. The turnover helped Minnesota break a 3-3 tie when it was returned by Joseph.



05 | Joseph's fumble return touchdown was the first score of his career and the third-longest such play by a Vikings defensive lineman behind Kevin Williams (77) and Alan Page (65).

06 | Weatherly and Danielle Hunter combined to pressure Wentz into an intentional grounding penalty that turned a second-and-10 at the Minnesota 30 into a third-and-20 at the 40. Philadelphia was forced to punt.



WANT MORE? CHECK OUT THE THROUGH-THE-LENS GALLERIES PRESENTED BY ANDERSEN WINDOWS ON VIKINGS.COM OR ON THE VIKINGS APP.

Win every game day.

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when we win, you win.

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U.S. and more awards than any
other carrier—20x in a row.

—J.D. Power 2018



verizon

Verizon Wireless received the highest numerical score among wireless service providers in the J.D. Power 2017 (V1 & V2) & 2018 (V1) U.S. Wireless Network Quality Performance Studies. The 2018 V1 study is based on 38,595 total responses, measuring the network quality experienced by customers with wireless phones, surveyed July–December 2017. Your experiences may vary. Visit jdpower.com



TODAY'S GAME FEATURES the Cardinals (1-4) and the defending NFC North Champion Vikings (2-2-1) in the 28th meeting between the franchises.

Minnesota is 16-11 all-time against the original NFL squad that has called Chicago,

St. Louis and the Phoenix area its home since beginning play in 1920. The series began in 1963, the Vikings third season, with a 56-14 win by the Cardinals. After dropping seven of the first 10 meetings with the Cardinals, the Vikings have taken 13 of 17.

DID YOU KNOW?: DURING THE CARDINALS FINAL SEASON IN CHICAGO (1959), THEY "HOSTED" THE EAGLES (IN FRONT OF 20,112 FANS ON OCT. 25) AND THE GIANTS (IN FRONT OF 26,625 ON NOV. 22) IN GAMES AT METROPOLITAN STADIUM. THE TWO GAMES HELPED PROVE TO THE NFL THAT MINNESOTA WOULD SUPPORT AN NFL FRANCHISE, WHICH WAS APPROVED IN 1960 WITH AN INAUGURAL VIKINGS SEASON OF 1961.

**TODAY'S GAME IS
PRESENTED BY**

Mystic Lake
CASINO • HOTEL

NATIONAL ANTHEM

We Three (siblings Joshua, Bethany and Manny Humlie) will perform the National Anthem in honor of their mother, Kelley, who passed away from cancer two years ago. At halftime, they will perform their original song and debut single "Heaven's Not Too Far" in tribute to all those we have lost to cancer. A video of the song's performance on *America's Got Talent* has amassed over 66 million views.

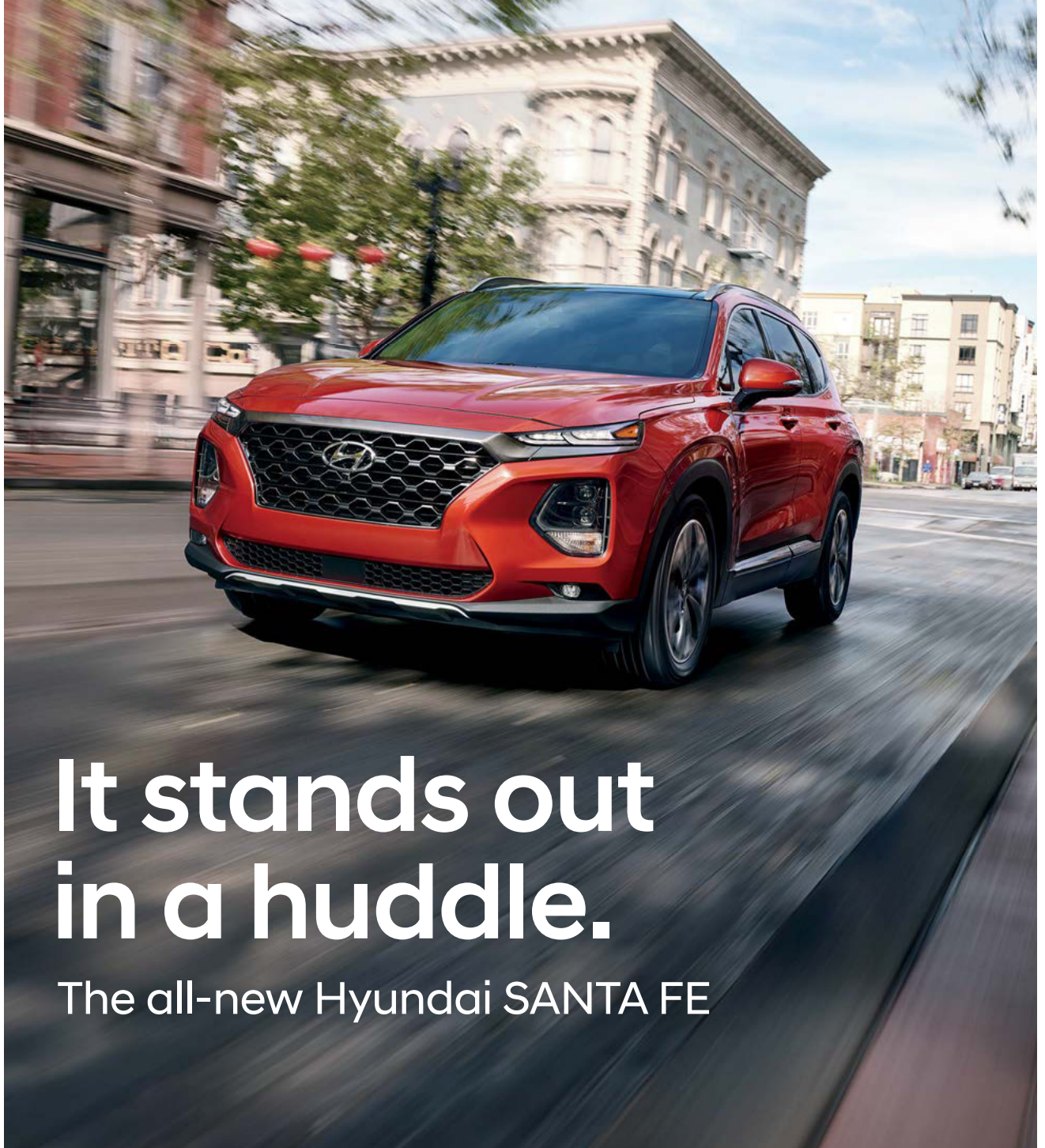
HALFTIME PERFORMANCE

Country music star and Wheelhouse Records recording artist Craig Campbell will perform his original single "Stronger Than That" during at halftime as a tribute to those currently fighting cancer. The song was inspired by colorectal survivor Rose Hausmann and Campbell's father, who died of colorectal cancer. All proceeds from the single benefit the Fight Colorectal Cancer Foundation.

Campbell's current single "See You Try" is his 8th single to reach the country charts.



Throughout October, NFL Crucial Catch games will feature players, coaches, fans and referees in apparel supporting multiple types of cancer. Much of the apparel worn at games by players and coaches will be auctioned off at NFL Auction, with proceeds benefiting the American Cancer Society's Community Health Advocates implementing Nationwide Grants for Empowerment and Equity (CHANGE) program. Since 2009, the first year of the NFL's Crucial Catch campaign, the NFL's work and support from fans has raised more than \$18.5 million for the American Cancer Society.



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Lost voice at Vikings game



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doc for that.

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Find a doctor at one of our 15 clinics at northmemorial.com



PROUD PARTNER

TODAY'S PROMOTIONS

PROMOTIONS TODAY'S GAME



KWIK TRIP FAMILY OF THE GAME

Congratulations to today's Kwik Trip Family of the Game, the Tuft Family from Waukesha, Wisconsin. To have your chance at being the next Kwik Trip Family of the Game and win free Vikings tickets or sideline passes, pull out your phone, open the Vikings app, click on "more," then on "games," and enter your selection to today's Kwik Trip trivia question.

Kwik Trip



U.S. BANK HOMETOWN HERO

During each home game, U.S. Bank and the Minnesota Vikings will recognize individuals who have helped make our community a better place. The program honors individuals who have gone to extraordinary measures to make positive differences in the community. If you would like to nominate someone, visit vikings.com/fans/promos/hometown-hero.

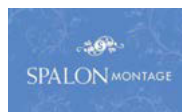
HY-VEE #SKOL

Share a photo at today's game using **#SKOL** to see yourself on the video board and for the chance to win a \$25 Hy-Vee gift card and a \$25 Market Grill gift card!

HyVee

SPALON MONTAGE GIVEAWAY

Spalon Montage will be giving away a \$100 gift card at today's game! Show us your game-day hairstyle by tweeting a photo @VikingsPromos using **#VikingsHairstyle** to enter.



MILLER LITE "SNAP & SHARE"

Vikings fans, we want to see your game-day pride! It's easy – snap a photo and share it using **#HoldTrue #Vikings**, then look for your photo on the video board.

Miller Lite

GET CHARGED UP AT YOUR SEAT

If you're a Verizon Up member, you can check out a free portable phone charger to use during the game. To get yours, visit the Verizon Up Fan Zone located on the main concourse by the Verizon Gate on game day.

verizonup

CENTURYLINK BOOST BOX

Enter for a chance to win a CenturyLink Boostbox filled with prizes and exclusive fan experiences handpicked by CenturyLink and Stefon Diggs. For official rules and to enter, visit centurylink.com/Vikings.

CenturyLink
BOOSTBOX

BUFFALO WILD WINGS SACKS FOR APPS

Buffalo Wild Wings brings you "Sacks for Apps" during all Vikings home and away games this season! When the Vikings record 3 or more sacks in a game, all fans score a free sharable with a minimum purchase of \$5. Offer is valid for 3 days after each eligible game. Visit vikings.com/bww for your digital coupon and offer details.



 Tweet your seat location to @vikingspromos for your chance to win prizes from the Vikings Street Team at today's game.



► UPCOMING EVENTS

VIKINGS UNPLUGGED

TUESDAY, OCT. 23 6 P.M.

Vikings fans join Chris Hawkey on Oct. 23 from 6 p.m. - 8 p.m. at the Buffalo Wild Wings at St. Paul Snelling as he hosts *Vikings Unplugged*. Chris will interview a special guest, Vikings safety Andrew Sendejo, plus fans have a chance to win Vikings autographs and Buffalo Wild Wings gift cards throughout the night.

VIKINGS COUNTRY

THURSDAY, OCT. 18, 6 P.M.

The popular *Vikings Country* radio show will be broadcast from The Lookout in Maple Grove on Oct. 18. Host Mike Mussman will be joined by Dalvin Cook. Tune in on KFAN and the Vikings Radio Network or attend the live broadcast.

FRIDAY FOOTBALL FEAST

FRIDAY, OCT. 19, 9 A.M. - NOON

Join KFAN each Friday morning from 9 a.m. to noon for a Friday Football Feast. Paul Allen and Paul Charchian will get you set for the weekend's action, including an in-depth preview of the upcoming Vikings game. Use #MVPTablePromo in your tweets and photos for your chance to win an MVP experience! This week's Friday Football Feast will be at the Buffalo Wild Wings in Elk River.

TCO VIKINGS 5K

SATURDAY, OCT. 20, 3 P.M.

Experience what it is like to be a Minnesota Viking as you conquer the TCO Vikings 5K. Join us Saturday, Oct. 20 at 3 p.m. as you and your friends finish on the 50-yard line at TCO Stadium, the new home of the Vikings. Post-race runners can enjoy a tailgate atmosphere with live music, games and autographs from Vikings Legends. Space is limited; register at vikings.com/5K.

VIKINGS PREP SPOTLIGHT PRESENTED BY FVP

The Minnesota Vikings will cap off the inaugural season of Vikings Prep Spotlight presented by FVP at TCO Stadium by hosting three MSHSL Quarterfinal Playoff games on Nov. 9-10. Learn more at vikings.com/prep.

DELTA VIKINGS VILLAGE

Opening two-and-a-half hours prior to kickoff, this pregame home base for Vikings fans is all about finding your favorite tailgate fare, ice-cold Miller Lite, Vikings Legends autographs and live music from the Pepsi "Sound The North" stage. Delta Vikings Village is free for Vikings fans with or without tickets and will be open before, during and after Vikings home games. Minnesota Vikings Foundation pregame auctions will occur in the Vikings Longhouse presented by PRIMESPORT. During games, auctions will be held on the west concourse of U.S. Bank Stadium, near sections 101 and 143.

THE COMMONS

The Vikings will take over the easterly block of The Commons prior to each game this season with great family friendly activities and entertainment. Complete with Vikings inflatable games, face painting, a DJ or live music and visits from Viktor, the SKOL Line and Vikings Cheerleaders, The Minnesota Vikings Foundation will be hosting the "Chuck for Charity" on The Commons before home games. All proceeds will benefit engaging youth education and health programs.



Visit vikings.com/promotions
or download the Vikings app
for full event listings.



 TWIN CITIES
ORTHOPEDICS

VIKINGS

5K 

10.20.18 | 3:00PM

FINISH ON
THE 50!

AT TCO STADIUM

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SMOOTH FINISH



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PLAYER TO WATCH: WR ADAM THIELEN

THIELEN JUST KEEPS PROVING HE BELONGS. Once an undrafted invitee to the team's rookie minicamp in 2013, Thielen enters Week 6 leading the NFL with 47 receptions and ranks second in the league with 589 yards. The native of Detroit Lakes, Minnesota, is tied with his friend and teammate Stefon Diggs for the Vikings lead with three receiving touchdowns apiece. Thielen frequently displays reliable hands at the end of spectacular catches, but his true excellence may reside in how well he runs routes and creates separation from defenders by setting them up and then exploding out of his break. He tracks the deep ball well down the sidelines but also can turn short passes into significant gains. He is skilled enough to beat man-to-man coverage and savvy enough to find spots in zone defenses.

PROLIFIC START: THIELEN'S 47 RECEPTIONS THROUGH THE FIRST FIVE WEEKS OF A SEASON SURPASSED WES WELKER'S RECORD OF 45 WITH NEW ENGLAND IN 2011. MICHAEL THOMAS HAS 46 THROUGH FIVE GAMES.

5 WITH 100+

Thielen has become the first player in the Super Bowl era to start a season with five consecutive games with 100 or more receiving yards. He has set a franchise record for the longest streak of games with five-plus catches and at least 100 yards in team history and enters today's game tied with Anquan Boldin and Patrick Jeffers for the fifth-longest streak in NFL history. He can tie Isaac Bruce for fourth all-time with another such game today.

2018 SEASON LEADERS

Passing (Yds)	Kirk Cousins	1,688
Rushing (Yds)	Latavius Murray	106
Receiving (Yds)	Adam Thielen	589
Tackles	Eric Kendricks	34
Sacks	Danielle Hunter	5.0
Interceptions	M. Hughes, H. Smith, X. Rhodes	1
KOR (Yds)	Mike Hughes	107
PR (Avg.)	Mike Hughes	6.5

2018 SCHEDULE

PRESEASON (3-1)

P1	8/11	at Denver Broncos	W 42-28
P2	8/18	Jacksonville Jaguars	L 14-10
P3	8/24	Seattle Seahawks	W 21-20
P4	8/30	at Tennessee Titans	W 13-3

REGULAR SEASON (2-2-1)

1	9/9	San Francisco 49ers	W 24-16
2	9/16	at Green Bay Packers	T 29-29
3	9/23	Buffalo Bills	L 17-0
4	9/27	at Los Angeles Rams	L 38-31
5	10/7	at Philadelphia Eagles	W 23-21
6	10/14	Arizona Cardinals	
7	10/21	at New York Jets	
8	10/28	New Orleans Saints	
9	11/4	Detroit Lions	
10	11/11	BYE WEEK	
11	11/18	at Chicago Bears	
12	11/25	Green Bay Packers	
13	12/2	at New England Patriots	
14	12/10	at Seattle Seahawks	
15	12/16	Miami Dolphins	
16	12/23	at Detroit Lions	
17	12/30	Chicago Bears	

TOP 2s AGAINST CARDINALS

RUSHING YARDS

165	Adrian Peterson on 28 attempts at Arizona (Dec. 14, 2008)
153	Adrian Peterson on 23 attempts in Minnesota (Oct. 21, 2012)

PASSING YARDS

446	Brett Favre on 36-of-47 passing in Minnesota (Nov. 7, 2010)
355	Warren Moon on 29-of-47 passing at Arizona (Oct. 2, 1994)

RECEIVING YARDS

167	Cris Carter on 14 catches at Arizona (Oct. 2, 1994)
157	Cris Carter on 12 catches at Arizona (Nov. 12, 1995)

2018 SEASON LEADERS

Passing (Yds)	Sam Bradford	400
Rushing (Yds)	David Johnson	242
Receiving (Yds)	Christian Kirk	234
Tackles	Budda Baker	46
Sacks	Chandler Jones	4.0
Interceptions	Tre Boston	2
KOR (Yds)	Brandon Williams	55
PR (Avg.)	Christian Kirk	8.8

2018 SCHEDULE

PRESEASON (3-1)

P1	8/11	Los Angeles Chargers	W	24-17
P2	8/17	at New Orleans Saints	W	20-15
P3	8/26	at Dallas Cowboys	W	27-3
P4	8/30	Denver Broncos	L	21-10

REGULAR SEASON (1-4)

1	9/9	Washington Redskins	L	24-6
2	9/16	at Los Angeles Rams	L	34-0
3	9/23	Chicago Bears	L	16-14
4	9/30	Seattle Seahawks	L	20-17
5	10/7	at San Francisco 49ers	W	28-18
6	10/14	at Minnesota Vikings		
7	10/18	Denver Broncos		
8	10/28	San Francisco 49ers		
9	11/4	BYE		
10	11/11	at Kansas City Chiefs		
11	11/18	Oakland Raiders		
12	11/25	at Los Angeles Chargers		
13	12/2	at Green Bay Packers		
14	12/9	Detroit Lions		
15	12/16	at Atlanta Falcons		
16	12/23	Los Angeles Rams		
17	12/30	at Seattle Seahawks		

TOP 2s AGAINST VIKINGS

RUSHING YARDS

182	Wayne Morris on 27 attempts in Minnesota (Nov. 6, 1977)
164	Ottis Anderson on 25 attempts at St. Louis (Nov. 4, 1979)

PASSING YARDS

405	Matt Leinart on 31-of-51 passing in Minnesota (Nov. 26, 2006)
353	Jim Hart on 28-of-43 passing at St. Louis (Nov. 11, 1974)

RECEIVING YARDS

172	Larry Fitzgerald on 11 catches in Minnesota (Nov. 26, 2006)
159	Sonny Randle on six catches in Minnesota (Nov. 6, 1963)



PLAYER TO WATCH: WR LARRY FITZGERALD

FITZGERALD CONTINUES TO PERFORM with distinction and class. Selected with the third overall pick in the 2004 NFL Draft, the Minneapolis native and former Academy of Holy Angels star turned 35 on Aug. 31. Fitzgerald has 17 receptions for 176 yards (10.4 yards per catch) on the season. He is looking for his first touchdown of 2018, which will be the 111th scoring catch of his career and tie him with future Hall of Fame tight end Tony Gonzalez for seventh in NFL history. Antonio Gates (115 entering Week 6) is the only other current player in the top 20. Fitzgerald spent part of his youth as a Vikings ball boy, watching Hall of Famers Cris Carter (fourth all-time with 130 career touchdown receptions) and Randy Moss (second with 156) torment opponents.

CAREER-HIGH TOTAL: FITZGERALD HAS 46 CAREER GAMES WITH 100 OR MORE RECEIVING YARDS OUT OF 223 REGULAR-SEASON GAMES PLAYED. HIS CAREER HIGH FOR YARDAGE IS 172, WHICH HE GOT AGAINST MINNESOTA ON NOV. 26, 2006.

11 - IS - 3RD

Fitzgerald ranks third all-time in career receiving yards with 15,721. He needs 214 to overtake Hall of Famer Terrell Owens for second place but is more than 7,000 shy of Hall of Famer Jerry Rice's mark of 22,895.



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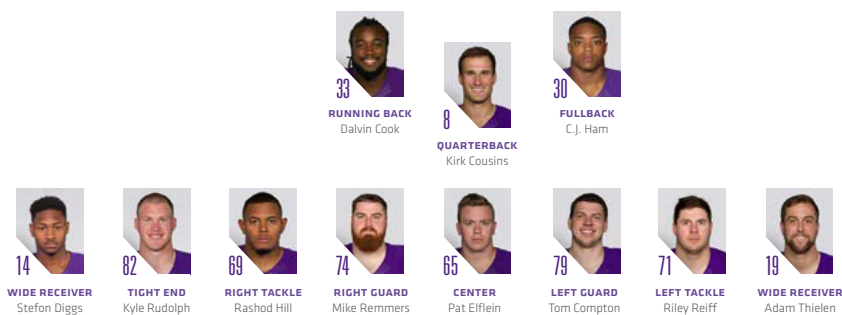
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HEALTHY WAY OF LIFE

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1	Kyle Sloter	QB
3	Trevor Siemian	QB
5	Dan Bailey	K
6	Matt Wile	P
8	Kirk Cousins	QB
11	Laquon Treadwell	WR
14	Stefon Diggs	WR
15	Brandon Zylstra	WR
17	Aldrick Robinson	WR
19	Adam Thielen	WR
20	Mackensie Alexander	CB
21	Mike Hughes	CB
22	Harrison Smith	S
23	George Iloka	S
24	Holton Hill	CB
25	Latavius Murray	RB
26	Trae Waynes	CB
27	Jayron Kearse	S
29	Xavier Rhodes	CB
30	C.J. Ham	FB
32	Roc Thomas	RB
33	Dalvin Cook	RB
34	Andrew Sendejo	S
35	Marcus Sherels	CB
40	Kentrell Brothers	LB
41	Anthony Harris	S
42	Ben Gedeon	LB
44	Mike Boone	RB
47	Kevin McDermott	LS
50	Eric Wilson	LB
54	Eric Kendricks	LB
55	Anthony Barr	LB
57	Devante Downs	LB
61	Brett Jones	C
63	Danny Isidora	G
65	Pat Elflein	C
69	Rashod Hill	T
71	Riley Reiff	T
74	Mike Remmers	G
75	Brian O'Neill	T
79	Tom Compton	G
82	Kyle Rudolph	TE
83	Tyler Conklin	TE
89	David Morgan	TE
90	Tashawn Bower	DE
91	Stephen Weatherly	DE
92	Jalyn Holmes	DT
93	Sheldon Richardson	DT
94	Jaleel Johnson	DT
96	Tom Johnson	DT
97	Everson Griffen	DE
98	Linval Joseph	DT
99	Danielle Hunter	DE



VIKINGS OFFENSE

CARDINALS DEFENSE

VIKINGS SPECIAL TEAMS



ROSTER AND DEPTH CHART

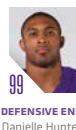
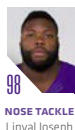
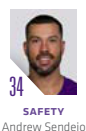
MINNESOTA VIKINGS

OFFENSE

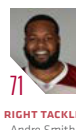
WR	Thielen	Treadwell	Robinson
LT	Reiff		
LG	Compton		
C	Elflein	Jones	
RG	Remmers	Isidora	
RT	Hill	O'Neill	
TE	Rudolph	Morgan	Conklin
WR	Diggs	Zylstra	
QB	Cousins	Siemian	Sloter
FB	Ham		
HB	Cook	Murray	Boone

DEFENSE

LE	Hunter	Bower	
DT	Richardson	T. Johnson	Holmes
NT	Joseph	J. Johnson	
RE	Griffen	Weatherly	
WLB	Gedeon	Wilson	
MLB	Kendricks	Downs	Brothers
SLB	Barr		
LCB	Waynes	Hughes	Sherels
RCB	Rhodes	Alexander	Hill
SS	Sendejo	Kearse	Iloka
FS	Smith	Harris	



VIKINGS DEFENSE



CARDINALS SPECIAL TEAMS



ROSTER AND DEPTH CHART

ARIZONA CARDINALS



OFFENSE

WR	Fitzgerald	Kirk	Sherfield
LT	Humphries	Wetzel	Cunningham
LG	Iupati	Vujnovich	
C	Cole	Munyer	
RG	Pugh	Vujnovich	
RT	Smith	Clausell	
TE	Seals-Jones	Gresham	Holmes
WR	C. Williams	Nelson	Wright
QB	Rosen	Glennon	Bradford
FB	Coleman		
RB	Johnson	Edmonds	Logan

DEFENSE

CB	Peterson	B. Williams
DE	Golden	Mayowa
DT	Peters	Gunter
DT	Nkemdiche	Pierre
DE	Jones	Moore
CB	Benwikere	Taylor
SLB	Hodges	Gardeck
MLB	Bynes	Turner
WLB	Bucannon	Reddick
SS	Baker	Ford
FS	Bethea	Boston

2	Andy Lee	P
3	Josh Rosen	QB
4	Phil Dawson	K
7	Mike Glennon	QB
9	Sam Bradford	QB
10	Chad Williams	WR
11	Larry Fitzgerald	WR
12	Kendall Wright	WR
13	Christian Kirk	WR
14	J.J. Nelson	WR
16	Trent Sherfield	WR
20	Deone Bucannon	SLB
21	Patrick Peterson	CB
22	T.J. Logan	RB
23	Bené Benwikere	CB
26	Brandon Williams	CB
28	Jamar Taylor	CB
29	Chase Edmonds	RB
30	Rudy Ford	S
31	David Johnson	RB
32	Derrick Coleman	FB
33	Tre Boston	S
36	Budda Baker	S
41	Antoine Bethea	S
43	Haason Reddick	LB
44	Markus Golden	DE
46	Aaron Brewer	LS
47	Zeke Turner	LB
51	Gerald Hodges	LB
55	Chandler Jones	DE
56	Zach Moore	DE
57	Josh Byrnes	LB
59	Joe Walker	LB
62	Daniel Munyer	OL
64	Mason Cole	OL
67	Justin Pugh	OL
68	Jeremy Vujnovich	OL
71	Andre Smith	OL
72	Olsen Pierre	DT
73	John Wetzel	OL
74	D.J. Humphries	OL
75	Blaine Clausell	OL
76	Mike Iupati	OL
79	Korey Cunningham	OL
84	Jermaine Gresham	TE
85	Gabe Holmes	TE
86	Ricky Seals-Jones	TE
90	Robert Nkemdiche	DT
91	Benson Mayowa	DE
92	Dennis Gardeck	LB
95	Rodney Gunter	DT
97	Ifeadi Odenigbo	DE
98	Corey Peters	DT

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TIMEOUT WITH ROBINSON



ALDRICK ROBINSON'S RECEPTIONS TOTAL OF THREE IN THREE GAMES MIGHT LOOK MINIMAL SINCE JOINING THE VIKINGS IN MID-SEPTEMBER.

BY ERIC SMITH

BUT ROBINSON HAS MADE those catches count, connecting with Vikings quarterback Kirk Cousins for a pair of touchdowns during that span.

"That's a good ratio; you can't beat that," said Robinson, who has three receptions for 42 yards in Purple. "That's a ratio you want to keep going."

After hauling in one pass for nine yards in his Vikings debut in Week 3, Robinson reached the end zone twice in a Week 4 loss to the Rams on national television.

Cousins found Robinson for a 16-yard score in the first quarter in Los Angeles before the duo hooked up again in the second stanza for a 17-yard score.

But those plays didn't just happen by accident for Robinson, who now has 11 career touchdowns after being a sixth-round pick in the 2011 NFL Draft by Washington.

"I knew what I was doing, and that was the key," Robinson said. "When you know what you're doing, you can play faster. Kirk knows where to put the ball, so I have to make plays."

The Vikings added Robinson to the roster on Sept. 17. The 30-year-old has seemingly been in one big



HOMETOWN:
WAXAHACHIE,
TEXAS



HOBBY:
BOWLING



HIGH SCHOOL:
RAN TRACK

cram session since, trying to learn the ins and outs of Vikings Offensive Coordinator John DeFilippo's system.

In addition to waking up early to review the Vikings offense on a daily basis, Robinson said he also studies flashcards at night that were given to him by Vikings wide receivers coach Darrell Hazell.

"Coach Hazell gave me some flashcards to fill out with formations," Robinson said. "The first part is that you have to know where to line up. Now that I know the formations, I can learn the plays and the concepts easier."

"I'm trying to make it familiar with what I already know. I've been in this league for a while and have been in a couple different offenses, so just seeing routes that I've seen before," Robinson added. "And then there's the terminology, you have to get the terminology down with how I can relate it to what I already know. It makes me learn things faster."

But the offense isn't the only thing the Texas native has had to adjust to. Robinson spent the 2017 season with the 49ers and was still in Northern California when he got the call to join the Vikings.

"I'm trying to get familiar to the environment and the weather change," Robinson said. "I came from Cali, so I was used to blue skies and warm weather."

"Coming out here, it's cold, so I have to get some new clothes and jackets and things like that to bundle up," Robinson added.

Robinson recently sat down for a Timeout with Vikings.com to discuss being reunited with Cousins, his best sport away from the gridiron and how much he enjoys being a father.

Q. What impresses you most about the culture Vikings Head Coach Mike Zimmer has created inside Twin Cities Orthopedics Performance Center?

A. *Just being in this building is exciting. You come to work knowing there's a purpose. Everybody around here is so organized, and they move around like pros. Being in other places and noticing things, I know that it's being done here the right way. At the end of the day, we all want to be playing in February. It's good to be on a team that has that chance.*

Q. What changes do you see in Cousins since your time together in Washington?

A. *He's definitely more confident. He's always been talented, and I've seen that when he was younger and first came in the league. Now it's all about confidence. He has that, and he knows that this is his team.*

Q. What impressed you the most about Adam Thielen and Stefon Diggs?

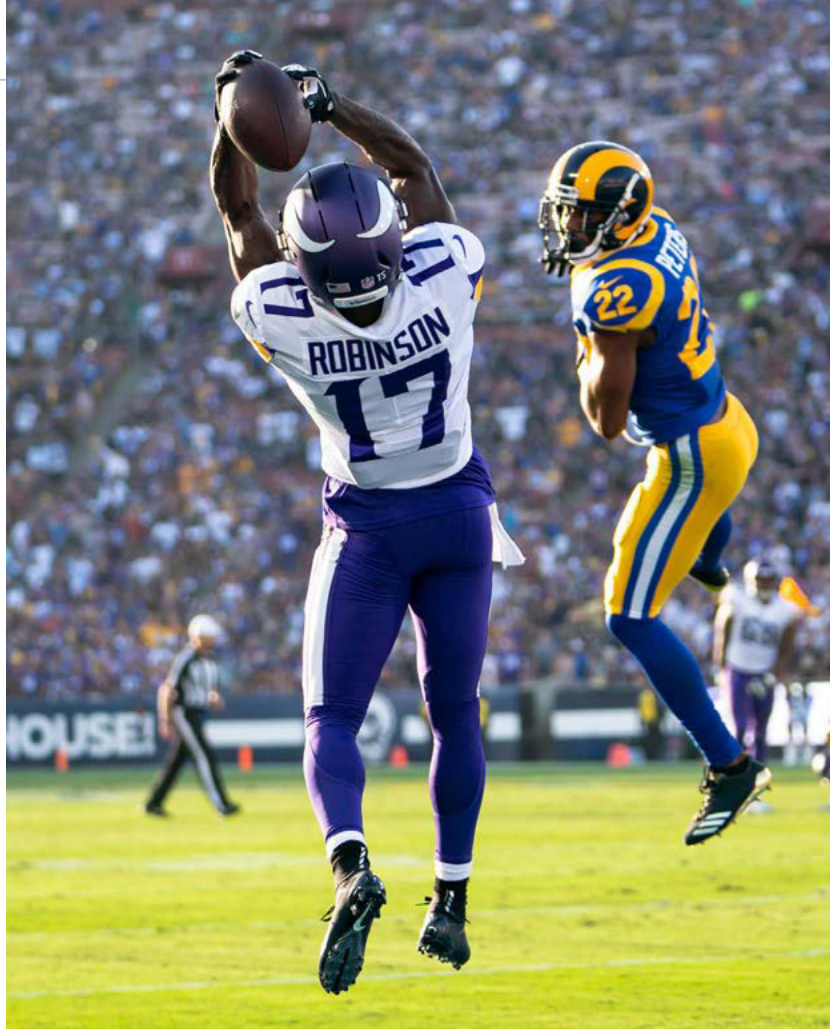
A. *Their work ethic. As talented as they are, they work just as hard, especially Diggs. He comes to work with his hat on every day. And they're emotional guys. A.T. ... I didn't know he was that type of player, but then when I got around him, I saw that he was a dog. He brings that dog mentality to the table.*

Q. What are your hobbies away from football?

A. *I'm a bowler. I don't want to say professional, but I'm semi-pro. I love to bowl, and that's one of the things I do outside of football to take my mind off of things. I'm competitive at that, too.*

Q. Have you ever bowled a perfect game of 300?

A. *I have not. I've come close numerous times, but I've yet to do it. My highest score is 290. I had a spare the first frame, and then I struck out the rest of the way. And I've also done it the other way ... struck out until the 10th frame and got a spare in the end. I'm close.*



"Just being in this building is exciting. You come to work knowing there's a purpose."

— ALDRICK ROBINSON

Q. You placed 2nd in the 200-meter dash (21.48 seconds) and 4th in the 4x100-meter relay as a high school junior at the Texas state final meet. Do you still have a passion for your track and field background?

A. *I could have been an Olympian ... maybe. I had some wheels. I was supposed to go to college for track but chose football. I even ran a little track in the summertime in an unattached meet. I ran like a 22 flat [in the 200-meter dash] and had a 10.6 in the 100. That's with no training, but it was good to be out there.*

Q. You're a dad to a 5-year-old son; how much do you enjoy fatherhood?

A. *I love it. He's Aldrick Robinson, Jr., so I call him, 'Lil A.' It's just a wonderful thing to see him grow and learn new things. It's fun to watch.*



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TAKING BY

STORM

ROOKIE CB MIKE HUGHES

BY CRAIG PETERS

A day after signing his first NFL contract, Mike Hughes closed on a house for his mother.

A longtime dream came full-circle this summer in Hughes' hometown of New Bern, North Carolina.

"She cried; it hit me," Hughes explained. "It just felt good, it was something that I wanted to do for a long time, since I've been playing. Just to actually fulfill it was a dream come true."

Holmes let his mother, Tashida Jones, pick out the house.

Fortunately, it was unscathed by the wrath of Hurricane Florence, which made landfall near Wrightsville Beach, North Carolina, less than 100 miles to the southwest on Sept. 14. The storm brought a surge along the coast and dumped prolonged rains in the area and farther inland, topping out at 35.9 inches in Elizabethtown.

While preparing for Minnesota's Week 2 trip to Green Bay, Hughes stayed in communication with his mother as the storm circled in the Atlantic Ocean and meteorologists tried to predict the time and place the storm would hit.

"She was keeping me updated on everything that was going on," Hughes said. "My mom was all right, but I had a couple of close friends whose houses were ruined. It was something to think about,

but I also had to stay focused up here and prepare for a game. It was pretty hard, but I got through it."

Hughes is grateful that his mom wasn't affected, but he also feels badly for those who were.

"People were stuck in the attic overnight, had to be rescued by boats. It was crazy," Hughes said. "We've never been through anything like that, so it was hard to try to deal with it. Everybody was working with each other to get help."

The aftermath continues to linger, with students in Hughes' former district missing more than 15 days of school.

"Everybody is trying to recover," Hughes said. "My mom is figuring out ways to try to give back and help those who lost their homes and are in need of help still. Going through that was something that my hometown has never been through. They're all doing a good job of working with each other and trying to get back to how we were before."

Some struggled to understand why the Vikings tabbed Hughes with the 30th overall pick of the 2018 NFL Draft because of the depth that already existed on the roster.

Minnesota had first-round picks Xavier Rhodes (2013) and Trae Waynes (2015), as well as Terence Newman (2003), on its roster but couldn't ignore Hughes' potential and his availability that deep in the first round.

Head Coach Mike Zimmer believes that a team can never have enough corners.

The Vikings liked what Hughes did as a cornerback and on special teams in helping UCF go 13-0 in 2017, when he became the first player in school history to score at least one touchdown on a punt return, kick return and interception return in a season.

Newman retired heading into the season

"HE'S A GOOD KID THAT WORKS
REAL HARD AT GETTING BETTER,
ASKS A LOT OF QUESTIONS, SO I'VE
BEEN PLEASED WITH HIM."

- HEAD COACH MIKE ZIMMER

"IT WAS A BLESSING AND HELPED SHAPE ME INTO THE GUY I AM TODAY, ESPECIALLY AS A FOOTBALL PLAYER, BUT ALSO AS A PERSON, BEING A GREAT TEAMMATE AND WORKING WITH EACH OTHER."

- MIKE HUGHES ON PLAYING YOUTH FOOTBALL

and became an assistant defensive backs coach.

Hughes referred to Newman as a "cheat code" during an interview with Vikings Entertainment Network this summer when the 21-year-old rookie and 40-year-old sage were still teammates.

"It's even more an advantage for me now, because while he was playing, he had to do a lot of teaching," Hughes said. "He had to go out on the field, so now he's always on the sideline where I can go, get feedback and ask him what I need to do on certain plays. I'm just trying to soak everything in and use him as much as possible."

Hughes made his initial impact in the NFL on special teams by downing Minnesota's first punt of the season at the 4-yard line. The defense forced a quick punt by the 49ers, and the offense followed with a scoring drive.

Despite mostly working in the slot during the offseason, Hughes was pressed into action at outside cornerback against the 49ers after Waynes left with an injury. With Mackensie Alexander inactive, Minnesota moved Hughes to the outside and brought in safety Jayron Kearse at nickel. Hughes responded and became the first Vikings rookie to return an interception for a touchdown in a Week 1 game.

Hughes has been called on multiple times on defense and special teams, like when

he denied a fake-punt pass attempt by the Rams in Week 4 with what Special Teams Coordinator Mike Priefer described as a "phenomenal job" on a short week of preparation.

He started at nickel against the Rams and then opened at outside cornerback last Sunday at Philadelphia in place of Waynes.

Zimmer said Hughes has improved through the first five games of his career.

"He's obviously got great quickness and talent," Zimmer said. "He's a good kid that works real hard at getting better, asks a lot of questions, so I've been pleased with him."

Long before returning his first career interception 28 yards for a touchdown, Mike Hughes made house calls of another kind.

Every morning, he and his cousin would ride their bikes, knock on friends' doors, "gather everybody and go find a field and play all day."

"It allowed us to have fun and kept us from doing other things, just being able to have a group of friends that were willing to play and have fun all day," Hughes said. "It was a blessing and helped shape me into the guy I am today, especially as a football player, but also as a person, being a great teammate and working with each other."

Hughes was hooked on the sport early,

and participating in organized football strengthened the bond.

"I just fell in love with the game even more," he explained.

The venue has changed from an open field to stadiums filled with fans. Today, Hughes will be on a team that faces a player he's admired from afar. Cardinals cornerback Patrick Peterson, who has made the Pro Bowl in each of his first seven seasons, is one of the reasons that Hughes wanted to wear No. 21.

Hall of Famer Deion Sanders, who was coached by Zimmer in Dallas from 1995-99, is another.

Hughes was born in 1997, so he missed out on most of Sanders' impact in real-time. Peterson, however, was born in 1990, and Hughes began keeping tabs on Peterson's college years at LSU before Arizona used the fifth overall pick of the 2011 NFL Draft.

"Deion was before my time, but once I heard about him, I admired his game," Hughes said. "I got to witness Patrick Peterson grow into the player he is today, from watching him at LSU to where he's at now. He also does punt returns and likes interceptions. I like to get my hands on the ball. I try to take that part of his game and try to add it to mine. A couple of his press techniques, he's a pretty quick and fast guy, so little things like that, I try to add to my game to make me a better player."



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▷ X A V I E R R H O D E S

EMERGING FROM THE SHADOWS

BY ERIC SMITH

Xavier Rhodes turns into the biggest movie buff each and every week. But the Vikings cornerback isn't interested in the latest horror flick or sci-fi feature. Instead, Rhodes watches film over and over and over again on Minnesota's upcoming opponent on his iPad. And more often than not, the All-Pro cornerback is locked in on what the other team's top wide receiver is doing.

"I'll leave the facility and watch more film. I've got to watch film all day," Rhodes said. "That's my job – to watch film and know my opponent before I go against my opponent."

Rhodes' NFL life is defined by shadowing opponents' top receivers to shut down some of the NFL's most-elite players.

Where they go before or after the snap, he follows to either side of the formation.

They sprint, he sprints. They cut, he cuts. They stop, he stops.

Detailed preparation is part of the success.

If Sunday's test is against a speedster, Rhodes might study at how he gets in and out of his breaks. If the opponent's best wide out is known as a physical guy, Rhodes may look at how he uses his size to body up a defender and make contested catches.

If the receiver has a bit of both attributes, that means extra film review for Rhodes.

"It's the same preparation; you just look at their different tendencies," Rhodes said of his exhaustive film work. "You have different receivers, different types of guys that run different routes. You look at how they run their routes, how they get in their routes, their different releases ... you have to look at every detail of their game.

"Then you have to go off how you play and how you can adjust to their game and how they will adjust to your game in certain situations," Rhodes added.

The Vikings routinely trust Rhodes to shadow some of the best wide receivers in the league.

In 2017 alone, Rhodes went up against Michael Thomas of the Saints, Pittsburgh's Antonio Brown, Tampa Bay's Mike Evans, Julio Jones of the Falcons and Cincinnati's A.J. Green.

Each player in the aforementioned quintet ranked in the top 15 among wide receivers for receiving yards in 2017, and each topped 1,000 yards this past season.

All but one player made the Pro Bowl from that group, a high-end collection of talent that racked up 439 combined catches for 6,301 yards and 30 touchdowns in 2017.

But against Rhodes, the best performance came from Evans, who had seven catches for

SEEING HEROES

Over the past six years, Xavier Rhodes' involvement in the Twin Cities community has been just as impressive as his growth on the field.

Rhodes, 28, dedicates his time and energy to give back to those in need, in part by leading an annual toy drive for patients at the University of Minnesota Masonic Children's Hospital and delivering gifts each December.

It is clear that Rhodes' work with children has had a profound impact on the Florida native.

"It's good to step outside of yourself or step outside of football and realize that they're the heroes because they're fighting something that other people like myself would probably break down and probably give up," Rhodes said.

"They still have the strength to be happy and live each and every day with a smile on their faces," Rhodes added. "I tell those kids, 'I'm not the hero. You kids are. What you guys are doing is strong.'"



67 yards. The stellar cornerback limited four of the five players to 50 receiving yards or less.

And none of them found the end zone.

"They're all pretty tough, you know. You're going against the best each and every week," Rhodes said. "You're going against a receiver that the quarterback wants to target eight or nine times a game.

"I have to be on my Ps and Qs so I can limit those targets or limit those catches," Rhodes added. "That's how I go into the game each and every week."

Vikings Head Coach Mike Zimmer said Rhodes began regularly covering opponents' top options in the passing game on a full-time basis during the 2016 season.

"I guess it was about a year and a half ago maybe we started doing it," Zimmer said earlier this season. "I guess that was kind of the time. I don't know what led to that.

"I just think at that time we felt comfortable with him understanding all the different concepts that we try to do," Zimmer added.

Ironically enough, both of Rhodes' Pro Bowl appearances have come in the past two seasons. And in 2017, he earned First-Team All-Pro honors as a cornerback and was a Second-Team All-Pro selection as a d-back.

Rhodes was a first-round pick out of Florida State in the 2013 NFL Draft. But it took him a few years to learn the nuances of the professional game before Minnesota's coaching staff felt comfortable enough to leave him on an island.

"It ain't given to you. The coaches have to trust in you to get that job done," Rhodes said. "It's something where you

have to earn your guys' trust to be able to shadow their best guy. That's something I look forward to because it's my job. I do it to the best of my ability because my teammates depend on me.

"Guys trust me to cover the best receiver. My teammates trust that I'll get it done," Rhodes added. "It helps me to realize that I have guys that believe in me and trust in me to get that job done. It's tough and it's a lot to ask, but I'm not afraid to do it."

It's easy to see why the Vikings defensive coaches have faith in Rhodes.

He's long and lanky at 6-foot-2 but shows off his physicality as he hovers around 215 pounds.

And he has plenty of speed, as evident by the last time the Vikings and Cardinals squared off at U.S. Bank Stadium, in Week 11 of the 2016 season.

Rhodes picked off quarterback Carson Palmer and raced 100 yards for a second-quarter score, setting a franchise record in the process while reaching an astounding 22.40 miles per hour on his blazing return.

The 28-year-old clearly has the physical attributes to play in the NFL. But it's the work he puts in behind the scenes and in the shadows that allows him to routinely smother the wide receiver across from him in coverage.

"Just playing in the NFL is not easy. Playing against ... whoever you want to mention is not easy," Rhodes said. "Just being in this league is not easy, it's all about game-planning and knowing your opponent and their tendencies.

"Once you understand that, the game becomes a little easier for you and you start to understand football," Rhodes added.

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CRUCIAL CATCH

INTERCEPT CANCER



During today's game, the Vikings are supporting the fight against cancer as part of the NFL's "Crucial Catch" campaign.

The NFL and American Cancer Society (ACS) have evolved the campaign to address early detection and risk-reduction efforts for multiple cancers, and the Vikings honored a number of cancer survivors and patients at the annual Vikings Crucial Catch Luncheon that took place Tuesday at Mystic Lake.

The Vikings also hosted these individuals at Twin Cities Orthopedics Performance Center in August, where the group was able to take in a training camp practice and meet several players. Following the practice, tight end Kyle Rudolph surprised the group by inviting them to attend today's matchup against the Cardinals.

The following 12 individuals will be honored during today's halftime presentation.

BY LINDSEY YOUNG



REBECCA ROUSSEAU
COLON CANCER

A self-identified "sports mom," Rebecca is happily kept busy supporting her two sons and a daughter at their respective activities. Rebecca was first diagnosed with Stage 3 colon-rectal cancer in September 2014 and underwent six weeks of radiation, six weeks of chemo and an extensive surgery to remove lymph nodes. Two years later, the cancer returned locally in Rebecca's sacrum, making it harder to treat and contain, and in June doctors discovered cancerous nodes in her lung.



KIM KOTH
PANCREATIC CANCER

When Kim was diagnosed with breast cancer in 2003, she underwent a double mastectomy and was declared cancer-free. In 2015, she was diagnosed with Stage 4 ovarian cancer and underwent a 17-hour surgery and nine months of chemo, after which she was again declared cancer-free. She still refers to that moment as the "best day of her life." In July of 2017, however, Kim's doctors discovered she was now battling Stage 4 pancreatic cancer with lesions on her liver. Kim is undergoing chemotherapy treatments every other week, which has been shrinking the tumors.

"I always have the attitude that I'm going to make it, and I think that has helped me. I still golf in a women's golf league, I travel, I go places. It's just very important that you live your life and surround yourself with positive people. And those positive people will help to bolster you and keep you going."

— Kim Koth on maintaining a positive attitude



KIM DISCH
BREAST CANCER

At 37 years old and the day before her daughter's third birthday, Kim was diagnosed with Stage 1 breast cancer after mentioning at a routine physical that she was experiencing a twinging sensation. She underwent surgery three weeks later and is now being treated with endocrine therapy to prevent a return of cancer. Kim is an avid proponent of early screenings and raising awareness through the ACS.



CAROLYN HARDY-BEST
CERVICAL CANCER

Carolyn first battled cancer in 1996 when she underwent emergency surgery for Stage 4 colon cancer, followed by six rounds of chemotherapy and then radiation. She said it was "overwhelming" to learn more recently that she had cervical cancer and to start the fight again. Carolyn points to her family's support, however, and says she enjoys "beating the odds."

"I want to live until the day I die, not just exist. I'm very active in the community; I do a lot of things with the American Cancer Society, [including] the walks. I'm just proud to be a survivor – that's why I wear my [ACS] shirts nearly every day. I'm blessed. I'm blessed, and I'm pleased to be here."

— Carolyn on beating cancer for the second time



GRANT HAAR
PEDIATRIC CANCER – CLEAR
CELL SARCOMA OF THE KIDNEY

Grant was diagnosed with clear cell sarcoma of the kidney at 7 months old, when doctors discovered a tumor the size of his head in his abdomen. After having surgery to remove the tumor, eight months of chemotherapy and eight days of radiation, Grant was considered cancer-free. Now 13 years old, Grant is heavily involved with ACS and walks with a team named in his honor, The Miracle Grant-ers.



KELTON KENT
PROSTATE CANCER

A two-time cancer survivor, Kelton defeated kidney cancer at age 34 and almost two years ago underwent treatment for prostate cancer, which runs heavily in his family. Kelton is now committed to spreading awareness and promoting early screenings, particularly to African-American men. He participated with a men's health symposium this past year and is also involved with speaking to church groups in addition to involvement with ACS and a number of nonprofits.



KELLY LEIBOLD
BRAIN CANCER

In 2016 when Kelly was 21 years old, she began experiencing persistent nausea that she initially associated with adjusting to significant life changes. Instead, doctors discovered a cancerous tumor in the right cerebellum of Kelly's brain. She underwent brain surgery, a month of proton-beam radiation, then four months' worth of chemotherapy treatments. Technically now cancer free, Kelly continues to deal with some physical symptoms but is active in the community and serves as the director of the Pine Island Area Chamber of Commerce. She also is involved with a cancer support group in Rochester, Minnesota.



JEFF MADER
KIDNEY CANCER

Just over a year ago, it was discovered that Jeff had kidney cancer, which was causing blood clots in his leg that resulted in a pulmonary embolism. He immediately was hospitalized and put on blood thinner, and a month later Jeff had his kidney removed. Despite only a 1-in-4 chance of the cancer returning, in Jeff's case it did come back in his lungs in June. He is grateful for early detection and remains optimistic about next steps.



MARY NEHRING
LUNG CANCER

After losing her brother to lung cancer in 2011, it was discovered that Mary also had lung cancer. Forty-five days after her diagnosis, Mary underwent surgery, during which doctors found additional cancer in her lymph nodes and started four rounds of chemotherapy. Mary is now happily celebrating seven years of being cancer-free.



LINDSAY CONROY
LIVER CANCER

At 12 years old, Lindsay was diagnosed with Crohn's disease as well as primary sclerosing cholangitis (PSC), a rare, long-term progressive disease of the liver. PSC causes chronic impairment of bile flow due to blockage and dysfunctional bile transport (cholestasis), which results in progressive biliary fibrosis and ultimately biliary cirrhosis and liver failure. Due to her diagnosis, Lindsay was at higher risk for a number of cancers.

Her Crohn's disease went into remission, and Lindsay enjoyed a relatively normal high school experience, during which she was active in track-and-field. However, she began experiencing a recurrence of symptoms and was hospitalized with a serious liver infection in 2010, nine years after her initial diagnosis. Over the next several years, Lindsay's quality of life gradually deteriorated; she was forced to stop attending college and could work only 10 hours a week. In 2014, she developed osteoporosis and began physical therapy in an attempt to regain strength.

While waiting on a liver transplant, Lindsay was told that doctors had found a mass on her liver, which later was diagnosed as hepatic carcinoma. On Sept. 6, 2017, Lindsay underwent surgery for a partial liver transplant thanks to her brother-in-law, T.J., who volunteered to be a living donor.

Lindsay says she "owes her life" to T.J. and has a renewed outlook on her future.



BRYAN RAUSE
OCULAR MELANOMA

During a routine eye exam last May, it was discovered that Brian had a large, cancerous tumor in his left eye. After undergoing treatment in Boston, Brian is currently doing well.



MONICA THEIS
BREAST CANCER

Monica first battled cancer at age 19, when she defeated Stage 3 Hodgkin's Lymphoma. Twelve years later in 2004, Monica was diagnosed with Stage 1 breast cancer and went through a double mastectomy, chemotherapy and radiation. In 2011, she was diagnosed with Stage 2 breast cancer and went through the same treatment process, but in 2015 the cancer returned as Stage 4. Currently considered fairly stable, Monica is undergoing targeted medication therapy.

Just the fact that I wake up every day and that I'm upright and breathing and still able to enjoy life – I think focusing on those little daily things, whether it's going for ice cream in the evening or looking at pretty flowers, as silly as it seems. Sometimes sitting back and taking those moments, and just taking a breath, is very fulfilling. Other than that, it's time with your family and friends and just filling it with easy, happy things.

– Monica on filling her "bucket of hope" on a daily basis

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CRUCIAL CATCH

LUNCHEON

*The Minnesota Vikings
and ACS teamed up for
the 8th annual
Crucial Catch Luncheon*

Six Vikings players – and two Legends – were in the banquet room Tuesday, but they weren't the guests of honor.

Rather, the attention was centered around 12 individuals who have beaten or are currently battling cancer.

The Vikings and American Cancer Society teamed up to host the eighth annual ACS "Crucial Catch – Intercept Cancer" luncheon at Mystic Lake. Vikings tight end Kyle Rudolph, an annual attendee of the event, appreciates the NFL using its platform to tackle multiple types of cancer.

"You get to kind of take that initiative that they do and bring it down into a little more intimate setting," Kyle Rudolph said. "The NFL did a great job for so long with breast cancer [awareness and] early detection and screening, and now they've ... expanded it throughout all types of cancer.

"People that know [our family] well know that cancer is something that we've battled head-on, and we're obviously very passionate

about it," added Rudolph, whose younger brother survived pediatric cancer. "It's fun to be here, get to spend time with the survivors and hear their stories."

Rudolph was joined by five teammates: WR Brandon Zylstra, P Matt Wile, T Aviante Collins, WR Chad Beebe and CB Marcus Sherels, who has attended the Crucial Catch luncheon every year since joining the Vikings as an undrafted free agent in 2010.

Vikings Legends Rickey Young and Hall of Fame safety Paul Krause also were in attendance. Viktor the Viking provided plenty of entertainment for the guests, and the SKOL Line and Minnesota Vikings Cheerleaders helped welcome the guests as they arrived.

Vikings Chief Operating Officer Kevin Warren addressed the room prior to lunch and stressed the importance of "coming together to save lives" and support people facing tough situations.

"On behalf of the Minnesota Vikings, our wonderful ownership group, the Wilf Family,

all the people who work at the Vikings, our players, our coaches, our staff, our fans around the world, we'd just like to welcome you," Warren said.

KFAN personality Carly Zucker served as the afternoon's emcee and introduced ACS North Region Executive Vice President Dave Benson.

"We have cancer survivors here who have had a variety of different types of cancer," Benson said. "Different cancer journeys, different cancer treatments and different walks of life. You represent why the American Cancer Society is so proud to be able to serve cancer patients."

According to Benson, the number of people in 2014 who were living beyond a cancer diagnosis in the U.S. was nearly 14.5 million. By 2024, the expectation is that the number will increase to almost 19 million.

"That's incredible progress," Benson said.

Benson made a commitment to continue striving for more progress and thanked the Vikings for their longstanding partnership with

BY LINDSEY YOUNG



NONPROFIT OF THE GAME

The NFL, its clubs, players, the NFL Players Association, and the American Cancer Society are committed to the fight against cancer. Crucial Catch highlights the impact of the NFL's work to address multiple types of cancer through early detection and risk reduction.

ACS to help make that a reality.

During the luncheon, guests were joined at their respective tables by one current or former Vikings player, and the cancer survivors and patients were presented with a football that they could get autographed.

The event concluded with a Q&A with Rudolph and Zylstra, during which Zucker asked a series of questions and then opened it up for inquiries from the audience. In his first year with the Vikings, Zylstra was grateful that he chose to attend the luncheon and meet so many strong individuals.

"This is the community I grew up in, and I didn't make it here alone," said Zylstra, a native of Spicer, Minnesota. "It's just good to show your support and try to give back. Like these cancer survivors were telling us, you never know who you can inspire or touch just based on your influence.

"I think it's huge," Zylstra added of the NFL's Crucial Catch campaign. "Any kind of awareness you can bring is positive."

Carolyn Hardy-Best, who battled colon cancer in 1996 and more recently cervical cancer, described the afternoon as "awesome."

"I didn't know what to expect," Hardy-Best said. "It's just been a great journey, and I'm going to [continue to tell my story]."

Tuesday marked the two-year anniversary of a prostate cancer diagnosis for Kelton Kent, who is now cancer free.

Kent said he was overwhelmed by the support from the Vikings and ACS and felt encouraged to be even more open with his story. He especially enjoyed getting to visit with Collins and the other Vikings.

"It allowed me to get to know them better than one normally would, and it was a much more personal interaction," Kent said.

At Rudolph's table, the tight end connected with Grant Haar, the only one of the survivors to have battled pediatric cancer.

"Like my brother, he was born with cancer and was something that he fought at a very early age. Thankfully Grant is now 13 years old, an eighth grader," Rudolph said. "He plays the trumpet, loves music and is doing things that any normal 13-year-old kid is doing. That's why we do what we do, and those are the stories that we like to hear.

"Unfortunately, that's not everyone's story," Rudolph added. "And that's why we're here; that's why we're bringing more awareness to cancer. Any voice or any little effort that we can make will help us have one more Grant story."



Dyllen Yockey, whose Burkitt's lymphoma recently went into remission, is attending today's Vikings game after months of a brave fight by the 9-year-old from Marshall.

When the Vikings visited West Side Elementary as part of the Town Takeover in April, Dyllen was unable to attend. Viktor the Viking, however, video-conferenced with him during a school assembly and sent a care package that included the No. 14 jersey of Dyllen's favorite Viking, Stefon Diggs.

After a blizzard postponed most of the Town Takeover's events, the Vikings returned to Marshall in May, and Viktor surprised Dyllen with a personal visit at his house, six months after grueling stomach pains began in December.

In March, an endoscopy discovered an infection. A subsequent CAT scan revealed an intestinal condition that needed surgery.

During that operation, doctors found a baseball-sized tumor that was starting to attach to Dyllen's stomach. Doctors removed 11 inches of Dyllen's large intestine and what they could take from the tumor.

"[Doctors] were super-positive. It's 90-percent curable," Dyllen's mother, Brittany Christensen explained in May. "It's a form of cancer that responds really well to chemo, but the chemo regimens are one of the hardest chemo regimens. We're kind of finding that out."

Dyllen's older brother, Hayden, has spastic quad cerebral palsy, a condition that requires much care beyond Dyllen's treatments, but Brittany said family and friends provided immense support.

Four weeks ago, the cancer was determined to be in remission.

Brittany said they have met other families who have children with longer journeys.

"That's one thing we are very lucky about and thank God for, because I don't know what I would do if it was longer," Brittany said. "There's so many people willing to help, and trying to find a place for them to help is great, so my faith in humanity has — you always hear about the bad stuff and what bad people are doing, and the people who have helped us in this has been the biggest joy of all of this, even though it's not joyful.

"I'm more thankful for the humanity in people and the caring and prayers," she added. "You definitely find who you are and who they are in all of this."



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VIKINGS ENTERTAINMENT NETWORK

Vikings Entertainment Network (VEN) is the umbrella for all Vikings content and entertainment initiatives including Preseason TV, team TV shows, vikings.com and in-stadium programming. Newly open TCO Studios will set the stage for signature Vikings content this season.



Vikings LIVE, presented by Miller Lite and Mall of America, continues its first season this Thursday in front of a live audience from TCO Studios inside the Vikings headquarters in Eagan. Vikings Rewards members can redeem their points for tickets. Episodes air at 6 p.m. and last 30 minutes.



Vikings GameDay LIVE, the team's one-hour pregame show, is back for its third season. Featuring in-depth analysis and commentary to get you ready for each week's game, *Vikings GameDay LIVE* will bring you live reports from the field each week. *Vikings GameDay LIVE* is produced by VEN in conjunction with FOX 9 KMSP and airs Sunday mornings on FOX 9 KMSP.

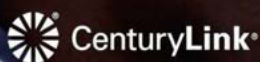


Vikings Connected is a Vikings fan-centric show driven by digital content and is co-hosted by Chris Hawkey, from the Vikings Radio Flagship KFAN, and Erin Newburg. Fans can interact with the show throughout the season by using #VikingsConnected. *Vikings Connected* is produced by VEN and will air on KMSP, My 29 WFTC and Fox Sports North.

VIKINGS BEYOND THE GRIDIRON

DENNY

PRESENTED BY



VIKINGS: BEYOND THE GRIDIRON

Vikings: Beyond The Gridiron has transitioned to a digital series this fall but is still taking fans on deep-dive features. *Beyond The Gridiron* recently recapped the Vikings Ring of Honor induction of late former Head Coach Dennis Green (1992-2001), who also coached the Cardinals from 2004-06. Green's family, former players and coaches shared memories. View *Beyond The Gridiron* segments on Vikings.com, in the Vikings app or with Vikings Now.



VIKINGS NOW

Vikings Now is available for Apple TV, Roku and Amazon Fire TV streaming your favorite video content from Vikings Entertainment Network. Watch game highlights, exclusive interviews and TV shows in 1080p on your home television.

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GET TO KNOW ANDREA

HOMETOWN: MAHTOMEDI, MN

OCCUPATION: SPECIAL EDUCATION TEACHER

WHAT ARE YOUR HOBBIES?

My hobbies include playing with my dog and relaxing at my cabin.

WHAT IS YOUR BEST LIFE EXPERIENCE?

Witnessing the Minneapolis Miracle was an unforgettable moment. The excitement throughout the game was unparalleled, and even afterwards, seeing the reactions from fans, teammates and coaches will live with me forever.

WHAT IS THE BEST PART OF BEING AN MVC?

The best part of being an MVC is continuously developing lifelong friendships and connecting with people in a meaningful way. Naturally, we all share a love for dance and the Vikings, and the way we come together as a cohesive unit on game day is an indescribable feeling. We are a tight-knit family, and those interactions with my teammates are something I will always cherish and never take for granted. Once an MVC, always an MVC.



ANDREA

YEAR 2



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Viktor's

CRYPTOGRAMS

Solve the 3 individual cryptograms below by figuring out what letter matches what number for each puzzle. Hint: Solve the puzzles in order!

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

19

25



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

3

8



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

3

6

4



Answers: Puzzle 1: Viktor's favorite season is fall
Puzzle 2: Viktor's favorite day of the week is Sunday
Puzzle 3: Put them together and you get a Vikings game day!

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EVENT PARTNERS





The Minnesota Vikings Kids Club offers the younger generation of Vikings fans a unique opportunity to engage with their favorite team.

In addition to the newly launched Vikings Newborn Club (see page 45), the Kids Club is another avenue for young people to learn about and support the Vikings.

MEMBERS RECEIVE A SPECIAL KIT THAT INCLUDES:

- **ADAM THIELEN GROWTH CHART**
- **VIKINGS HELMET SQUISHY**
- **PURPLE-AND-GOLD MUSTACHE SUNGLASSES**
- **FOAM FOOTBALL & MORE!**

The Kids Club also offers members exclusive opportunities to meet and get autographs from their favorite players during Verizon Vikings Training Camp on-field meet-and-greet sessions and jamboree events at Twin Cities Orthopedics Performance Center, or even conduct 1-on-1 player interviews.

Kids Club members are automatically registered each month for a prize drawing that could include fun items such as an autographed football signed by a current Vikings player.

There also is a Member of the Month featured each month on the Vikings Kids Club section of Vikings.com.

JOIN THE KIDS CLUB WAIT LIST TODAY BY EMAILING [KIDSClub@VIKINGS.NFL.NET](mailto:kidsclub@vikings.nfl.net)



The Vikings of Tomorrow program is held every Saturday before a Vikings home game and is hosted at Twin Cities Orthopedics Performance Center. Vikings of Tomorrow allows 45 participants the opportunity to scrimmage for an hour, take a brief tour of the team's headquarters and participate in a Q & A session with a Vikings player.

Through a partnership with Life Time Fitness, participants receive a water bottle, free Vikings Kids Club membership, tickets to that weekend's game and a concession voucher for U.S. Bank Stadium.

Players and coaches from the Fergus Falls Area Youth Football Association participated in the Vikings of Tomorrow program this weekend.

FERGUS FALLS AREA YOUTH FOOTBALL ASSOCIATION

The Fergus Falls Area Youth Football Association was created in 2005 by Dan Prischmann and Carl Prischmann, along with support and guidance from former FFHS Head Football Coach Richard Risbrudt.

Dan Prischmann ran the organization as Youth Football Coordinator from 2005 until 2011. During this time, the organization was combined with several area communities and supported 340 kids on 26 different teams.

The program was restructured in 2012 to operate as an "in-house" program. At this time Dan resigned as youth football coordinator and passed the duties onto the current youth football coordinator, Adam Schlepp. The goal of FFAYFA is to teach basic football fundamentals to all student athletes between third and sixth grade. Currently, 145 players are involved in football with FFAYFA. Third- and fourth-grade teams play six-man flag football in full football equipment. Fifth- and sixth-grade players play 11-man football and this season played both tackle and Tackle Bar football games. The FFAYFA program relies on up to 30 volunteer coaches per season. Coaches love to share their enthusiasm and knowledge of the great game of football, and they do a wonderful job in this. The FFAYFA athletes practice on the M-State campus two nights per week and play their games Saturday mornings on the turf field and Kennedy Secondary School in Fergus Falls.

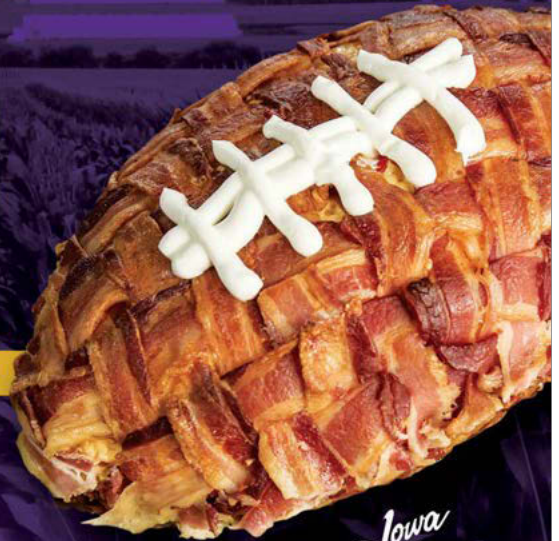
"We are blessed to have the support of M-State Fergus Falls, ISD #544, our coaching staff and our community," Schlepp said. The program has played a vital role in preparing student athletes for football roles in the Jr. High, Jr Varsity, and Varsity programs in Fergus Falls. FFAYFA would like to thank the Minnesota Vikings and the Vikings of Tomorrow program for the wonderful opportunities this weekend. This is something all youth football players in Fergus Falls are sure to remember for the rest of their lives.



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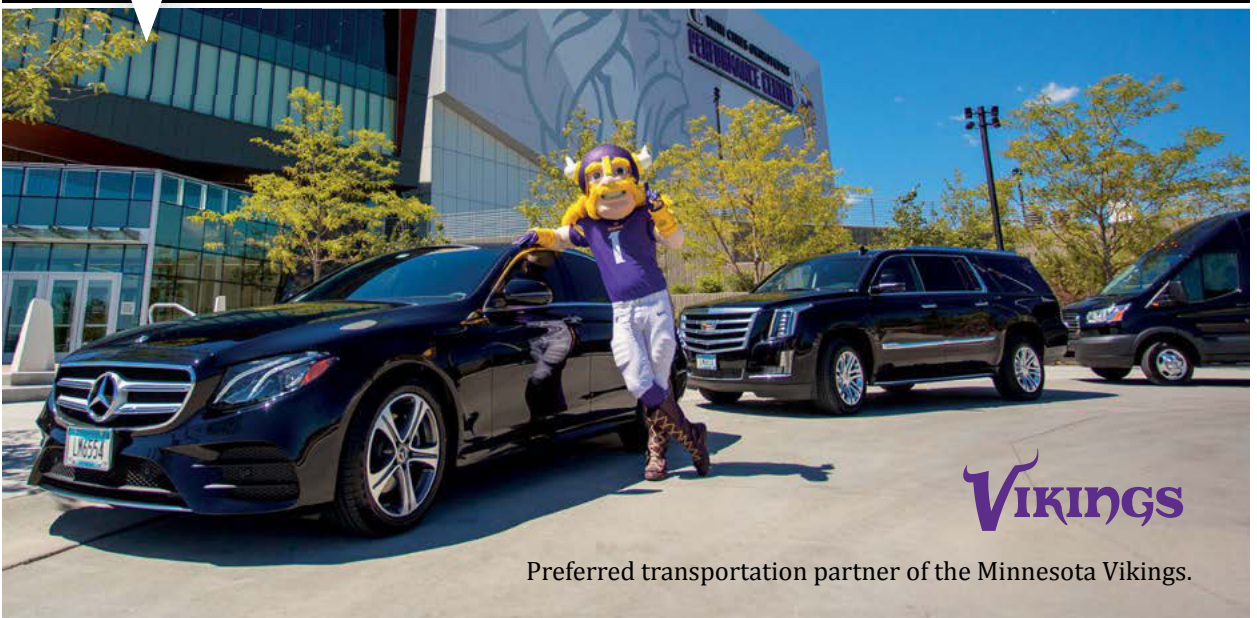


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SKOL SERVICE

MOTHERS' ROOM AT U.S. BANK STADIUM



This fall, the Minnesota Vikings and the Minnesota Sports Facilities Authority (MSFA) announced the opening of a new Mothers' Room at U.S. Bank Stadium."

Have you witnessed a SKOL Service team member going above and beyond? E-mail your story to GUESTSERVICES@VIKINGS.NFL.NET



The private breastfeeding room is available during Vikings games and all major stadium events.

Funded from the stadium's capital improvement account, the Mothers' Room further enhances the inclusive experience at U.S. Bank Stadium and complements the four Mamava lactation suites, which are currently used more than 50 times per game. The addition is a direct response to fan feedback received during the first two seasons at the stadium.

"When we launched the partnership with Mamava in 2015, we acknowledged it was a first step in our effort to create a positive experience for nursing mothers at Vikings games," said Vikings Chief Operating Officer Kevin Warren. "Having witnessed the positive response and increased demand for the lactation suites, we strongly believed the addition of the Mothers' Room was another critical step in building a family-friendly environment at U.S. Bank Stadium."

The 154-square foot Mothers' Room holds

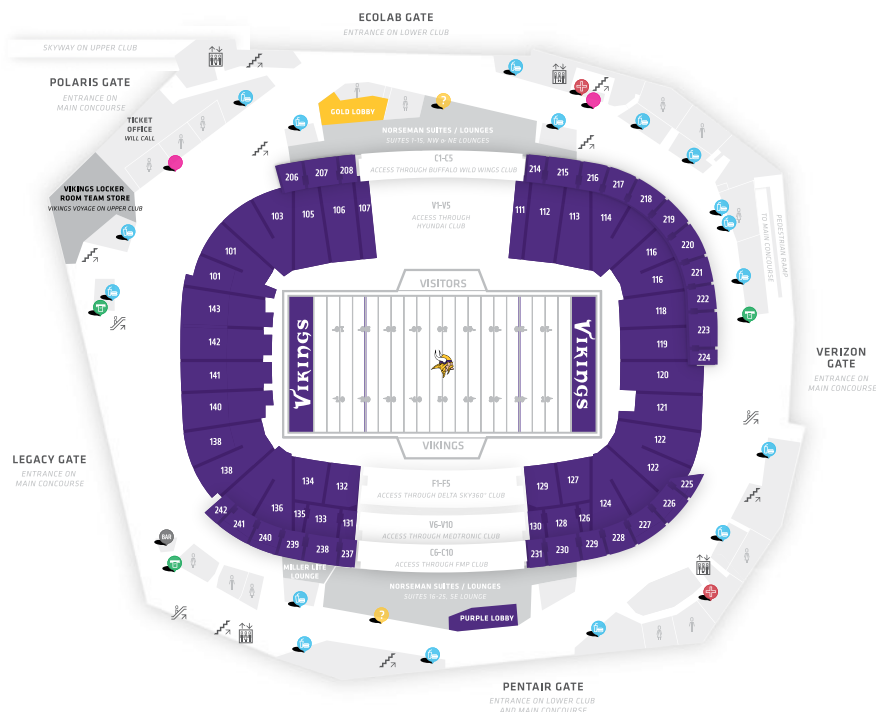
seating for up to four women and includes two private nursing areas, a changing table with supplies, seating and toys for toddlers, and a television to stay connected to the game. The room is located near Section 122 on the main concourse, adjacent to the women's restroom.

"I am so proud of our organization for directly responding to fan feedback and taking this significant step," said Director of Vikings Women Tami Hedrick. "We are making Vikings game days even more inclusive by adding a dedicated, comfortable and private space for nursing mothers to utilize at U.S. Bank Stadium."

"With this addition of the Mothers' Room, the MSFA is proud to support mothers at all events at U.S. Bank Stadium," said Michael Vekich, chair of the Minnesota Sports Facilities Authority. "Providing a quiet, clean space for nursing mothers is an amenity that makes our stadium unique and more welcoming."

Fans can locate the Mothers' Room and the four Mamava suites on the Vikings mobile app once inside U.S. Bank Stadium.

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- NW/NE NORSEMAN LOUNGES
- LOFT SUITES 1-27
- TRUSS BAR
- LODGE BAR
- LODGE CABINS

PURPLE LOBBY

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- MEDTRONIC CLUB
- FMP CLUB
- TURF & TOUCHDOWN SUITES
- VALHALLA SUITES
- NORSEMAN SUITES 16-25
- SE NORSEMAN SUITES
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CONCESSIONS

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Plaza stand

BRISKET SANDWICHES

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Lola at the Longhouse and Plaza stand

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ALL CONCESSIONS STANDS

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ALL BEER PORTABLES

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ENDZONE GRILL West EndZone (Event Level)

LOLA'S WINGS Delta Vikings Village

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NORTH STAR GRILL 103, 124, 132, 304, 313, 328, 345

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Gluten Free-Beer

EVERYWHERE -

Gluten-Free
Hot Dogs



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