

# 

WITH AHMAD RASHAD

# Q. TELL US A LITTLE ABOUT YOUR ANKLE INJURY.

**A.** I'd had a bad ankle for about 25–30 years and it was progressively getting worse. I'd already had numerous operations, and it just got to the point where I couldn't live the way that I wanted to.

# Q. WHY DID YOU PICK TWIN CITIES ORTHOPEDICS?

A. I'd been searching the country to find a physician who could perform an ankle replacement surgery. When I found TCO and spoke to the physician who'd perform the surgery, it was a no-brainer. I love Minnesota and it all seemed to come together there for a reason.

One of the coolest things about my experience is that TCO is the official medicine provider for the MN Vikings. You know, once a Viking always a Viking!

# **Q.** WHAT CAN YOU TELL US ABOUT YOUR EXPERIENCE AT TCO?

A. The most important part of any surgery is what you do afterward, including therapy. TCO was right on point, from the time my surgery ended to the time I could move my toes. I've had a lot of surgeries, but I've never had the post-care that I had at TCO. Their therapists were right there with me, helping me move forward, and their facilities are second to none. It all felt very personal—they were truly concerned about my condition and getting me healthy again. Choosing TCO was the best decision I ever made; I could never find this type of surgery or care anywhere else. It changed my life forever and I've never looked back.

# "Choosing TCO Was The Best Decision I Ever Made"

ANY ADVICE FOR SOMEONE CONSIDERING ANKLE REPLACEMENT SURGERY?

A. If there's anyone considering this sort of surgery, there is one thing that I would tell you: Go to TCO!

They will take wonderful care of you. It's a no-brainer.

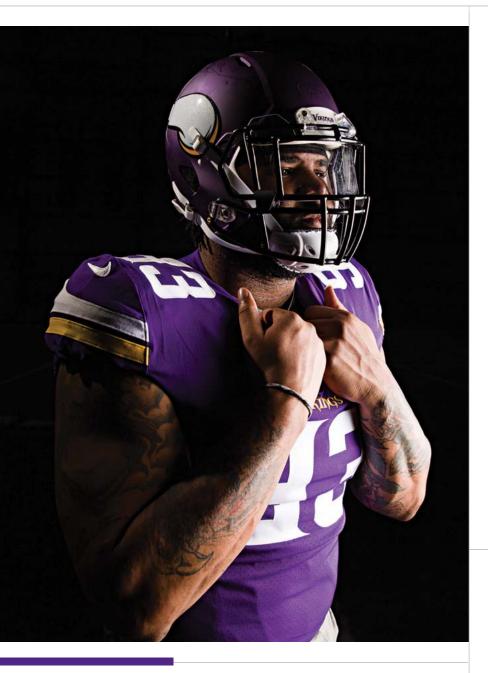
Ahmad Rashad TCO Patient Ring of Honor Recipient

T TWIN CITIES ORTHOPEDICS

OFFICIAL SPORTS MEDICINE PROVIDER



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"Coming in and meeting with Coach Dre, it was a complete 180. ... It was like he wanted to be in the helmet with me. It's really special what Coach Dre does."

- SHELDON RICHARDSON ON DEFENSIVE LINE COACH ANDRE PATTERSON

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### WE ARE VIKINGS, NOT BARBARIANS

We are confident that our fans lead the NFL in enthusiasm, support, hospitality and sportsmanship. Our image is shaped not only by our players, coaches and employees, but by our fans as well. Our goal is to create a high-energy environment to lend support to our team, while maintaining a family-oriented atmosphere.

TO ENSURE that all fans have a pleasant game-day experience, each patron should act responsibly and be considerate of others. Unruly behavior will not be tolerated and, in some cases, might be deemed grounds for dismissal from U.S. Bank Stadium. These cases include, but are not limited to, the following:

- · Being under the influence of drugs or alcohol
- · Underage drinking
- · Actions that are harmful to or endanger others
- · Throwing items of any kind
- Using foul or abusive language and/or gestures
- Displaying inconsiderate behavior toward others
- · Disorderly conduct
- · Wearing obscene or indecent clothing
- · Smoking in non-designated areas

- · Sitting or standing in the aisles
- Entering or attempting to enter the field of play
- · Failure to follow instructions of stadium security
- · Entering the stadium with any prohibited items
- · Harassment of visiting-team fans

Season Ticket Owners are responsible for the actions of any individual using their tickets. Any of the above behavior by anyone using an account owner's ticket(s) may be cause for non-renewal of ticket privileges. Vikings management and security reserve the right to deem an act or exhibited behavior as inappropriate and take action, based on available information and circumstances. Thank you for making U.S. Bank Stadium an enjoyable and friendly atmosphere to watch Vikings football!

#### REPORT GAME **DAY ISSUES**

Text VIKES (space), the issue and location to:

# 69050

You may also contact an usher or security officer, or stop by the nearest Guest Services location, to report the problem.

Standard text message rates and other charges may apply.

# NFL BAG POLICY

The Vikings strongly encourage fans to not bring any type of bags, but should the need arise, fans will be able to carry the following style and size bag, package or container at stadium plaza areas, stadium gates, or when approaching queue lines of fans awaiting entry into the stadium:



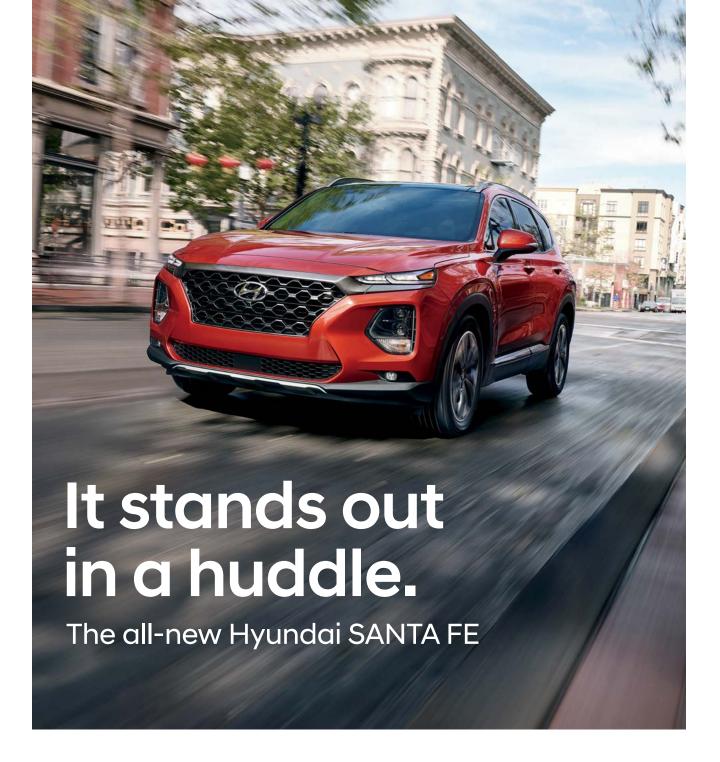
**CLEAR PLASTIC BAG** No larger than 12" x 6" x 12"



**SMALL CLUTCH BAGS** No larger than 4.5" x 6.5"



ONE GALLON BAG Clear plastic freezer bag



With its dynamic design, panoramic sunroof and 8-inch touchscreen navigation, the 2019 Hyundai Santa Fe is head and shoulders above the competition.









Official Sponsor of the Minnesota Vikings and the NFL  $\,$ 

PRESEASON WEEK 2:

# VIKINGS



VS. JAGUARS

THE VIKINGS HOSTED THE JAGUARS LAST SATURDAY IN THE SECOND PRESEASON GAME FOR BOTH TEAMS.

Not surprisingly, the matchup featuring the top two defenses from 2017 was quite the struggle. The Jaguars recorded four sacks, and the Vikings totaled six.

All three touchdowns scored were on 1-yard rushes (two by Jacksonville and one by Minnesota). The Jaguars benefited from a 56-yard punt return to set up the go-ahead score with 1:55 remaining.

Minnesota's third string tried to mount a comeback, driving 50 yards to the Jacksonville 16, but the drive stalled.



WANT MORE? CHECK OUT THE THROUGH-THE-LENS GALLERIES PRESENTED BY ANDERSEN WINDOWS ON VIKINGS COM OR ON THE VIKINGS APP.



Harrison Smith picked off Bortles and returned the ball nine yards to the Jacksonville 23-yard line. Unfortunately, Minnesota fumbled on the following play to give the ball back to Jacksonville.

Danielle Hunter had enough stretch and strength to bring down Blake Bortles for a sack.







**13** | Anthony Harris had an impressive pass breakup and recorded a sack of Cody Kessler during a blitz.

**[]4** | Ifeadi Odenigbo, who has been working primarily at defensive tackle this offseason, filled in at defensive end and led the Vikings with 2.0 sacks and three quarterback hits.



TONIGHT'S GAME FEATURES the Seattle Seahawks and the defending NFC North Champion Vikings in the third exhibition contest of 2018 for both teams. This will be the 17th time that Seattle and Minnesota have met in a preseason game. The teams are 8-8 in previous preseason games and are meeting for a third consecutive year.

Seattle has hosted 10 exhibition contests, and Minnesota has hosted five, including the first indoor Vikings home game (Aug. 19, 1982) at the Hubert H. Humphrey Metrodome. The Vikings won 7-3.

The Seahawks also have the distinction of playing what is expected to be the final outdoor home playoff game in Vikings history (Jan. 10, 2016).

Multiple players have suited up for each team over the years, from Hall of Famers John Randle and Warren Moon to Benchwarmer Bob Lurtsema. The pattern continued with Minnesota signing DT Sheldon Richardson and Seattle signing former Vikings DTs Tom Johnson and Shamar Stephen during free agency this offseason.

#### **NATIONAL ANTHEM**

American singer/songwriter Lissie will perform the National Anthem. Lissie's single "Best Days" appeared on the Billboard Top 40 Alternative Chart, and "When I'm Alone" won iTunes (UK) Song of the Year.

#### **COLOR GUARD**

Minnesota Law Enforcement Memorial Association Honor Guard

#### **HALFTIME**

Halftime will feature the annual Mascots vs. Youth Football scrimmage where Viktor and his team of mascots will take on the Bloomington Thundercats. Joining Viktor will be a host of local mascots along with various NFL mascots including, Toro from the Houston Texans, Freddie Falcon from the Atlanta Falcons, Sourdough Sam from the San Francisco 49ers, T-Rac from the Tennessee Titans, and Swoop from the Philadelphia Eagles.





The Minnesota Vikings Junior Cheerleaders (JR MVC) program is designed specifically to promote self-esteem, pride, hard work and FUN among girls aged 3 - 14. This program offers a special opportunity to perform during a professional production before tonight's game. Junior MVC participants attended rehearsal sessions where they learned warm-ups, stretches, cheers and dance choreography from the 2018 Minnesota Vikings Cheerleaders.



#1 FOR NEW COUNTRY

**FUNNY. COUNTRY. MORNINGS.** 

CHRIS CARR & COMPANY | WEEKDAYS 6a-10a





AT MNLOTTERY.COM



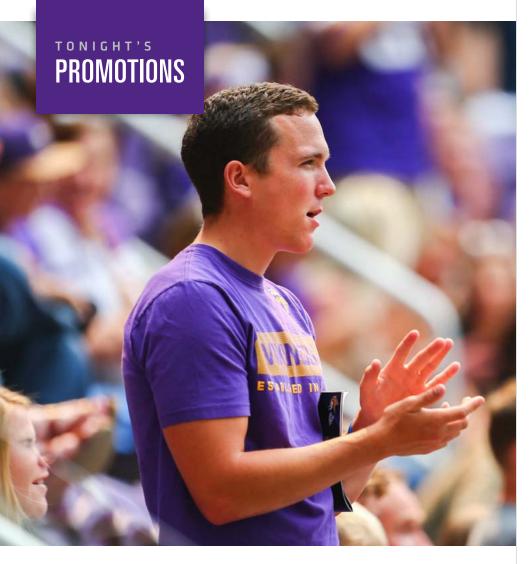




### 2ND CHANCE TO WIN SEASON TICKETS!

Stop at your nearest Lottery retailer for your chance to win up to \$100,000.

MILLER LITE



#### "SNAP AND SHARE" Vikings fans, we want to see

your game-day pride! It's easy - snap a photo and share it using #HoldTrue #Vikings, then look for your photo on the video board.



#### **SPALON MONTAGE GIVEAWAY**

Spalon Montage will be giving away a \$100 gift card at tonight's game! Show us your game-day hairstyle by tweeting a photo @VikingsPromos using #VikingsHairstyle to enter.



#### **HY-VEE #SKOL**

Share a photo at tonight's game using **#SKOL** to see yourself on the video board and for the chance to win a \$25 Hy-Vee gift card and a \$25 Market Grill gift card!





Tweet your seat location to @vikingspromos for your chance to win prizes from the Vikings Street Team at tonight's game.

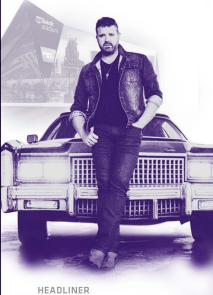
#### **U.S. BANK HOMETOWN HERO**



During each home game, U.S. Bank and the Minnesota Vikings will recognize individuals who have helped make our community a better place. Tonight's Hometown Hero is Isaiah Williams, a 15-year-old freshman at Edison High School. Isaiah was born with a birth defect known as Fibular Hemimilia (absence of bones) in both his legs and feet. His right foot and ankle were amputated at 10 months old. His left foot, due to severe club foot, was placed in an Ankle Foot Orthotic (AFO) brace. In an attempt to correct his left foot, Isaiah has undergone five surgeries throughout his lifetime. Unfortunately, all of the surgeries have been unsuccessful, leading to the amputation of his left foot and ankle. Despite these challenges, Isaiah has an amazing positivity and brightens others' lives.

## UPCOMING EVENTS





# RANDY HOUSER

#### MINNESOTA STATE FAIR

NOW - SEPT. 3

It's time for #TheGreatMNSkolTogether as the Vikings are back at the Minnesota State Fair. Stop by the Vikings home on the west side of Underwood St. between Dan Patch & Carnes Avenues. Take a 180-degree photo of you on the field U.S. Bank Stadium, load up on the latest Vikings gear and enter for a chance to win a Kirk Cousins autographed helmet.

#### MADDEN 19

NOW - SEPT. 28

Think you're the best "Madden 19" player? Here is your chance to represent the Vikings in the Madden NFL 19 Club Championship. Finalists will play live at the Mall of America, with your chance to earn a spot and represent the Vikings in the Madden Championship. To qualify, you must sign up now through Sept. 28 and compete as the Vikings. Register today at NFL.com/Madden.

#### VIKINGS UNPLUGGED

TUESDAY, AUG. 28, 6 P.M.

Vikings fans join Chris Hawkey on Aug. 28 from 6 p.m. - 8 p.m. at the Buffalo Wild Wings inside the Mall of America as he hosts Vikings Unplugged. Chris will interview special guest, Vikings offensive lineman Rashod Hill, plus fans have a chance to win Vikings autographs and Buffalo Wild Wings gift cards throughout the night.

#### FRIDAY FOOTBALL FEAST

FRIDAY, SEPT. 7. 9 A.M. - NOON

Ioin KFAN each Friday morning from 9 a.m. to noon for a Friday Football Feast. Paul Allen and Paul Charchian will get you set for the weekend's action, including an in-depth preview of the upcoming Vikings game. Use #MVPTablePromo in your tweets and photos for your chance to win an MVP experience! This season's first Friday Football Feast will kick off on Sept. 7 at the Buffalo Wild Wings in Chanhassen.



Visit vikings.com/promotions or download the vikings app for full event listings.

#### VIKINGS COUNTRY

THURSDAY, SEPT. 6, 6 P.M.

The popular Vikings Country radio show returns on Sept. 6 at The Mermaid in Mounds View. Host Mike Mussman is joined each week by a Vikings player. Tune in on KFAN and the Vikings Radio Network or attend the live broadcast each week at various locations.

#### KICKOFF RALLY

SATURDAY, SEPT. 8, 1 - 5 P.M.

Come celebrate the start of the Vikings season on Saturday, Sept. 8 at the Official Vikings Kickoff Rally presented by Miller Lite. This free event takes place in The Commons Park outside U.S. Bank Stadium in partnership with iHeart Media and will feature live performances by Randy Houser and KFAN's own Chris Hawkey Band, along with appearances by Vikings Legends, Vikings Cheerleaders, the SKOL Line, Viktor and more.

#### TCO VIKINGS 5K

SATURDAY, OCT. 20, 3 P.M.

Experience what it is like to be a Minnesota Viking as you conquer the TCO Vikings 5K. Join us Saturday, Oct. 20 at 3 p.m. as you and your friends finish on the 50-yard line at TCO Stadium, the new home of the Vikings. Post-race runners can enjoy a tailgate atmosphere with live music, games and autographs from Vikings Legends. Space is limited; register at Vikings.com/5K.

#### **DELTA VIKINGS VILLAGE &** THE COMMONS

Opening two-and-a-half hours prior to kickoff, the Delta Vikings Village and The Commons feature ample free activities for Vikings fans with and without tickets to games. The spaces west of the stadium feature live music or DJs, appearances by the SKOL Line, Minnesota Vikings Cheerleaders and Vikings Legends and interactive games. Tailgate fare, ice-cold Miller Lite and Pepsi products are available.



# ALL THE FLAVOR WITH A SMOOTH FINISH



GATORADE FLOW



#### PLAYER TO WATCH: C CORNELIUS EDISON

EDISON HAS ANSWERED THE CALL to fill in for Nick Easton, who was placed on Injured Reserve in August, and Pat Elflein at center. Easton had stepped in for Elflein this offseason while the 2017 third-round pick recovers from an injury suffered in the NFC Championship Game. Edison has shown smarts and strength, earning respect from Vikings coaches and teammates. A native of University Place, Washington, Edison majored in graphic design at Portland State and started every game for the Vikings in his final three collegiate seasons. He went undrafted in 2015, eventually joining the Bears practice squad before being promoted to Chicago's active roster. After a stint in Atlanta, Minnesota signed Edison to its practice squad in September 2017. Edison was activated but did not play for Minnesota. He did, however, practice against current Seahawks defensive linemen Tom Johnson and Shamar Stephen last season.

ORIGINALLY A "KICKER": CORNELIUS EXPLAINED THAT HIS GIVEN NAME WAS DRAWN FROM THE ACTS OF THE APOSTLES IN THE BIBLE. HIS PARENTS WERE ATTENDING A CHURCH SERVICE WHILE HIS MOTHER WAS PREGNANT. WHEN CORNELIUS IN ACTS WAS MENTIONED DURING THE SERMON, HE STARTED KICKING.

6 -IN- 16

Edison played on special teams in six games with the Bears in 2016, making his pro debut against the Vikings by playing four snaps. He first joined Chicago's practice squad in 2015 after playing collegiately at Portland State.

#### 2017 SFASON LEADERS

Passing (Yds)	Case Keenum	3,547
Rushing (Yds)	Latavius Murray	842
Receiving (Yds)	Adam Thielen	1,276
Tackles	Eric Kendricks	136
Sacks	Everson Griffen	13
Interceptions	Harrison Smith	5
KOR (Yards)	Jerick McKinnon	312
PR (Avg.)	Marcus Sherels	9.5

#### 2018 SCHEDULF

#### PRESEASON (1-1)

P1	8/11	at Denver Broncos	W 42-28
P2	8/18	Jacksonville Jaguars	L 14-10
P3	8/24	Seattle Seahawks	
P4	8/30	at Tennessee Titans	

#### REGULAR SEASON (0-0)

1	9/9	San Francisco 49ers
2	9/16	at Green Bay Packers
3	9/23	Buffalo Bills
4	9/27	at Los Angeles Rams
5	10/7	at Philadelphia Eagles
6	10/14	Arizona Cardinals
7	10/21	at New York Jets
8	10/28	New Orleans Saints
9	11/4	Detroit Lions
10	11/11	BYE WEEK
11	11/18	at Chicago Bears
12	11/25	Green Bay Packers
13	12/2	at New England Patriots
14	12/10	at Seattle Seahawks
15	12/16	Miami Dolphins
16	12/23	at Detroit Lions
17	12/30	Chicago Bears

#### TOP 2s AGAINST SEAHAWKS

#### RUSHING YARDS

182 Adrian Peterson on 17 attempts at Seattle (Nov. 4, 2012)

Chester Taylor on 26 attempts 169 at Seattle (Oct. 22, 2006)

#### PASSING YARDS

Daunte Culpepper on 21-of-33 passing in Minnesota (Dec. 7, 2003)

Fran Tarkenton on 27-of-37 passing at Seattle (Oct. 8, 1978)

#### RECEIVING YARDS

142 Cris Carter on seven catches at Seattle (Nov. 10, 1996)

Randy Moss on eight catches in Minnesota (Dec. 7, 2003)

#### 2017 SFASON LEADERS

Passing (Yds)	Russell Wilson	3,983
Rushing (Yds)	Russell Wilson	586
Receiving (Yds)	Doug Baldwin	991
Tackles	Bobby Wagner	133
Sacks	Frank Clark	9.0
Interceptions	B. Wagner, J. Coleman,	
	E. Thomas, R. Sherman	2 each
KOR (Yds)	Tyler Lockett	949
PR (Avg.)	Tyler Lockett	6.6

#### 2018 SCHEDULE

#### PRESEASON (0-2)

P1	8/9	Indianapolis Colts	L	19-17
P2	8/18	at Los Angeles Chargers	L	24-14
P3	8/24	at Minnesota Vikings		
P4	8/30	Oakland Raiders		

#### REGULAR SEASON (0-0)

1	9/9	at Denver Broncos
2	9/17	at Chicago Bears
3	9/23	Dallas Cowboys
4	9/30	at Arizona Cardinals
5	10/7	Los Angeles Rams
6	10/14	at Oakland Raiders
7	BYE WI	EEK
8	10/28	at Detroit Lions
9	11/4	Los Angeles Chargers
10	11/11	at Los Angeles Rams
11	11/15	Green Bay Packers
12	11/25	at Carolina Panthers
13	12/2	San Francisco 49ers
14	12/10	Minnesota Vikings
15	12/16	at San Francisco 49ers
16	12/23	Kansas City Chiefs
17	12/30	Arizona Cardinals

#### TOP 2s AGAINST VIKINGS

#### RUSHING YARDS

Shaun Alexander on 24 attempts at Seattle (Sept. 29, 2002)

Marshawn Lynch on 26 attempts 124 at Seattle (Nov. 4, 2012)

#### PASSING YARDS

334 Matt Hasselbeck on 23-of-34 passing in Minnesota (Dec. 12, 2004)

278 Jim Zorn on 17-of-29 passing in Minnesota (Nov. 14, 1976)

#### RECEIVING YARDS

136 Darrell lackson on seven catches at Seattle (Oct. 22, 2006)

Darrell Jackson on 10 catches 135 in Minnesota (Dec. 12, 2004)



#### PLAYER TO WATCH: LB BOBBY WAGNER

WAGNER, WHO IS ENTERING HIS SEVENTH PRO SEASON, is a three-time All-Pro (2014, 2016, 2017) and has made the past four Pro Bowls. The 2012 second-round selection out of Utah State has started 87 of 88 games played and has recorded 778 tackles (NFL statistics). Wagner has recorded more than 100 tackles in each of his six pro seasons, and he has totaled 15.5 sacks, 30 passes defended, eight interceptions, two forced fumbles and seven fumble recoveries. He also has returned three fumbles for touchdowns, including an NFL-high two in 2015. Wagner has the physicality to succeed against run plays, impressive range to cover passes and stymie screens and keen instincts. Pro Football Focus awarded Wagner the top tackling grade among linebackers (91.5) in 2017. Wagner was ranked No. 21 in the "NFL Top 100 Players of 2018."

SPLASHY ENTRANCE: WAGNER BECAME THE FIRST PLAYER IN WESTERN ATHLETIC CONFERENCE HISTORY TO LEAD THE CONFERENCE IN TACKLES IN THREE CONSECUTIVE SEASONS. HE CAPPED HIS COLLEGE CAREER BY TYING FOR A UTAH STATE RECORD WITH 446 TACKLES AND EDGING OUT THE CAREER CONFERENCE RECORD OF VIKINGS DEFENSIVE LINE ASSISTANT COACH ROBERT RODRIGUEZ (443 AT TEXAS-EL PASO FROM 2001-04).

140-IN-12

Wagner set the Seahawks record for tackles by a rookie with 140 in 2012, breaking a mark of 136 by Terry Beason in 1977. Wagner also showed a propensity for big plays, recording 2.0 sacks and three interceptions in starting 15 of 16 games played.



#### **VIKINGS ROSTER**

1	Kyle Sloter	QB
3	Trevor Siemian	QB
4	Ryan Quigley	Р
6	Peter Pujals	QB
7	Daniel Carlson	Κ
8	Kirk Cousins	QB
9	Jake Wieneke	WR
11	Laquon Treadwell	WR
12	Tavarres King	WR
13	Stacy Coley	WR
14	Stefon Diggs	WR
15	Brandon Zylstra	WR
16	Cayleb Jones	WR
17	Kendall Wright	WR
18	Korey Robertson	WR
19	Adam Thielen	WR
20	Mackensie Alexander	СВ
21	Mike Hughes	СВ
22	Harrison Smith	S
23	Terence Newman	СВ
24	Horace Richardson	СВ
25	Latavius Murray	RB
26	Trae Waynes	СВ
27	•	S
29	Xavier Rhodes	СВ
30	C.J. Ham	FB
31	Mack Brown	RB
32	Roc Thomas	RB
33	Dalvin Cook	RB
34	Andrew Sendejo	S
35	Marcus Sherels	СВ
36	Craig James	СВ
37	Holton Hill	СВ
38	Tray Matthews	S
39	Jack Tocho	S
40		LB
41	Anthony Harris	S
42	Ben Gedeon	LB
43	Reshard Cliett	LB
44	Mike Boone	RB
45	Brett Taylor	LB
46	Trevon Mathis	СВ
47	Kevin McDermott	LS
49	Mike Needham	LB
50	Eric Wilson	LB
54	Eric Kendricks	LB
55	Anthony Barr	LB
56	Antwione Williams	LB
57	Devante Downs	LB
58	Garret Dooley	LB
59	I.P. Quinn	C
رر	j.i. Quiiii	_



RUNNING BACK Dalvin Cook

RIGHT GUARD

Mike Remmers



QUARTERBACK

CENTER

Pat Elflein







LEFT GUARD



LEFT TACKLE Riley Reiff

SEAHAWKS DEFENSE



WIDE RECEIVER

#### VIKINGS OFFENSE

TIGHT END

Kyle Rudolph



WIDE RECEIVER

Stefon Diggs

Shaquill Griffin



RIGHT TACKLE

Rashod Hill

DEFENSIVE END Branden Jackson



DEFENSIVE TACKLE Jarran Reed





DEFENSIVE TACKLE Tom Johnson



DEFENSIVE END Frank Clark



CORNERBACK Byron Maxwell



LINEBACKER



FREE SAFETY



Bobby Wagner



STRONG SAFETY Bradley McDougald



#### VIKINGS SPECIAL TEAMS



KICKER Daniel Carlson



PUNTER



LONG SNAPPER Ryan Quigley Kevin McDermott



PUNT/KICK RETURNER Marcus Sherels



ROSTER AND DEPTH CHART

# INNESOTA VIKINGS

60	David Parry	DT
63	Danny Isidora	G
64	Josh Andrews	C
65	Pat Elflein	C
66	Curtis Cothran	DT
66	Kaleb Johnson	G
67	Cornelius Edison	C
69	Rashod Hill	T
71	Riley Reiff	Т
72	Storm Norton	T
73	Colby Gossett	G
74	Mike Remmers	T
75	Brian O'Neill	Т

76	Aviante Collins	Т
78	Dieugot Joseph	T
78	Jonathan Wynn	DE
79	Tom Compton	G
81	Blake Bell	TE
82	Kyle Rudolph	TE
83	Tyler Conklin	TE
84	Chad Beebe	WR
85	Jeff Badet	WR
86	Tyler Hoppes	TE
89	David Morgan	TE
90	Tashawn Bower	DE
91	Stephen Weatherly	DE

92	Jalyn Holmes	DT
93	Sheldon Richardson	DT
94	Jaleel Johnson	DT
95	Ifeadi Odenigbo	DE
96	Brian Robison	DE
97	Everson Griffen	DE
98	Linval Joseph	DT
99	Danielle Hunter	DE



CHECK THE VIKINGS APP FOR ROSTER UPDATES.

#### SEAHAWKS ROSTER



Ben Gedeon



Andrew Sendejo



Fric Kendricks

SAFETY Harrison Smith



LINEBACKER

SEAHAWKS OFFENSE





DEFENSIVE END Everson Griffen



NOSE TACKLE



DEFENSIVE TACKLE



DEFENSIVE END



CORNERBACK Xavier Rhodes

#### VIKINGS DEFENSE







LEFT TACKLE Duane Brown



Ethan Pocic



CENTER Justin Britt



RIGHT GUARD



D.J. Fluker



RIGHT TACKLE Germain Ifedi





WIDE RECEIVER Tyler Lockett



RUNNING BACK



FULLBACK

SEAHAWKS SPECIAL TEAMS



KICKER Sebastian Janikowski

1 Jeremy Boykins



KICKER



PUNTER lason Myers Ion Rvan

СВ



PUNTER Michael Dickson





Tyler Ott



PUNT/KICK RETURNER

#### ROSTER AND DEPTH CHART

# SEATTLE SEAHAWKS



2	Jason Myers	Κ	16
3	Russell Wilson	QB	17
4	Michael Dickson	Р	18
5	Alex McGough	QB	19
6	Austin Davis	QB	21
7	Elijah Battle	CB	2
8	Malik Turner	WR	2.
9	Jon Ryan	Р	2
10	Caleb Scott	WR	24
11	Sebastian Janikowski	Κ	21
13	Cyril Grayson, Jr.	WR	2
14	Marcus Johnson	WR	2

15	Brandon Marshall	WR
16	Tyler Lockett	WR
17	Damore'ea Stringfellov	v WR
18	Jaron Brown	WR
19	Tanner McEvoy	WR
20	Rashaad Penny	RB
21	J.D. McKissic	RB
22	C.J. Prosise	RB
23	Neiko Thorpe	СВ
24	Mike Tyson	СВ
26	Shaquill Griffin	СВ
27	Mike Davis	RB
28	Justin Coleman	СВ

30	Bradley McDougald	FS
32	Chris Carson	RB
33	Tedric Thompson	FS
34	Gerald Holmes	RB
34	Trovon Reed	СВ
35	Maurice Alexander	SS
36	Akeem King	СВ
37	Tre Flowers	СВ
38	Tre Madden	FB
38	T.J. Mutcherson	FS
39	Dontae Johnson (PUP)	СВ
40	Lorenzo Jerome	FS
41	Byron Maxwell	СВ

42	Delano Hill	SS
43	Emmanuel Beal	LB
46	Jason Hall	LB
	Tyrone Swoopes	TE
47	•	LB
48	Kyle Carter	TE
49	1	LB
	K.J. Wright	LB
51	Barkevious Mingo	LB
52	Jake Pugh	LB
53	Joey Hunt	С
54	Bobby Wagner	LB
55	Frank Clark	DE
56	Erik Walden	LB
57	D.J. Alexander	LB
58	Austin Calitro	LB
59	Jacob Martin	DE
61	Ricky Ali'ifua	DE
62	Marcus Henry	С
63	Skyler Phillips	G
64	J.R. Sweezy	G
65	Germain Ifedi	G/T
66	Willie Beavers	Т
67	Joey Ivie	DT
68	Justin Britt	С
69	Tyler Ott	LS
70	Rees Odhiambo	G/T
72	Jordan Roos	G
73	Jamarco Jones	Т
74	George Fant	Т
76	Duane Brown	Т
77	Ethan Pocic	C/G
78	D.J. Fluker	G/T
79	Isaiah Battle	Т
81	Nick Vannett	TE
82	Amara Darboh	WR
83	David Moore	WR
	Ed Dickson (NFI)	TE
85	Keenan Reynolds	WR
86	Clayton Wilson (PUP)	TE
88	Will Dissly	TE
89	Doug Baldwin	WR
90	larran Reed	DT
91	Tom Johnson	DT
92	Nazair Jones	DT
	•	
93	Branden Jackson	DE
94	Rasheem Green	DE
95	Dion Jordan (PUP)	DE
97	Poona Ford	DT
98	Shamar Stephen	DT
99	Quinton Jefferson	DT

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DEVANTE DOWNS FARNED A DEGREE IN LEGAL STUDIES AT CALL HE HAS AN INTEREST IN BECOMING A CRIMINAL PROSECUTOR LATER ON, BUT RIGHT NOW HE'S BUILDING A CASE FOR HIMSFLE ON THE GRIDIRON

BY CRAIG PETERS

DOWNS WAS SELECTED BY THE VIKINGS in the seventh round of the 2018 NFL Draft and made his Vikings debut against Jacksonville.

The native of Mountlake Terrace, Washington, has worked his way back from a knee injury he suffered as a senior. Downs claimed Pac-12 Defensive Player of the Week honors twice in the first three weeks of the 2017 season and was named the team's Defensive MVP, despite missing the second half of the season.

An All-State Honorable Mention as a running back in high school, Downs excelled on the other side of the football for the Golden Bears. He totaled 212 tackles, 8.0 sacks, 14.5 tackles



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LEGAL STUDIES

for loss, eight passes defended, three forced fumbles and three fumble recoveries.

Downs said the speed of the game has been faster at the NFL level. He credited linebackers coach Adam Zimmer and teammates for helping him learn the Vikings system. He's always placed emphasis on learning what everyone on defense is supposed to do.

"Being able to know what other people are doing helps you with your own position because you know where everyone is and how all of the pieces fit," Downs said. "That's something I learned in college. My college coaches taught all the players that. I think everything has translated well. ... Little things, where to keep your eyes, tendencies of the other team, what to look for."



WE CAUGHT UP WITH DOWNS FOR A TIMEOUT

• You were off to such a great start to 2017 at Cal You were oπ to such a great state to a least to before your injury. Did you believe you had done enough to get drafted?

. I thought that the season I was having was A. really good. I just came into the draft ready for whatever opportunity I got. I knew I was going to make the best of it.

#### DOWNS IS GRATEFUL FOR THE OPPORTUNITY TO REHAB AT TCO PERFORMANCE CENTER



# What are your impressions of the Vikings defense so far?

A. Obviously has a lot of talent, a lot of good players. I think we're really well-coached. The coaches bring a really great scheme. I'm just soaking it all in and learning. It's really cool.

## How did Twin Cities Orthopedics Performance Center impact your rehab efforts?

A: It's a really nice facility here. They have everything you could think of, and I think it helped me a lot. Just the different technology is really beneficial.

#### Do you utilize the cryogenic chamber?

A: Yeah, oh actually, no. I tried it one time and could not breathe in there. It was too cold.

## What was growing up in Washington like?

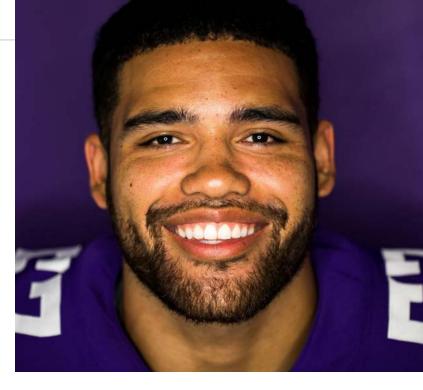
**N** It was really cool. People think it rains a lot. It  $oldsymbol{\mathsf{A}}_{oldsymbol{\mathsf{c}}}$  doesn't really rain that much; maybe a little bit of drizzle for a couple of months, but in the summer time, there's a lot to do, a lot of activities outside and cool people.

## Are you a go-to-the-mountains guy?

🐧 . No, I only went on one hike. I [preferred] Puget **A.** Sound and all of the beaches. [The one hike was] Rattlesnake Ledge. It's kind of dangerous. Someone fell off one time, but it's really beautiful. It's pretty high. I don't know what area it's overlooking, but it's a really beautiful view.

# Were you a Seahawks fan growing up?

A: Kind of, because they were the home team. I'm a Vikings fan right now. ... [Seattle's] had good linebackers. So do we, though.



I think we're really well-coached. The coaches bring a really great scheme. I'm iust soaking it all in and learning."

- DEVANTE DOWNS

# **1.** Was there anyone you tried to shape your game after?

**N** . I used to like running backs because I  $oldsymbol{\mathsf{A}}_{oldsymbol{\cdot}}$  used to play running back in high school. Adrian Peterson, for sure, and then when I was at linebacker, Luke Kuechly was really good, Sean Lee was really good. I like some Ray Lewis highlights.

## How does your background as a running back help you at linebacker?

A: Being able to change directions quickly and seeing the gap that the running back would want to take and being able to shoot [the gap] and, at the same time, be faster.

#### **1.** After you were drafted, you explained that academics played a role in your decision to attend Cal. Why was that so important to you?

A: My parents, they kind of give you possible scenarios of the future. Football can always get taken away from you, bad things happen, injuries, stuff like that, but you get to go to college for free, so why not make the most out of it and get the best degree possible, have really good opportunities in the future?



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# | | It's been a whirlwind, but the knowledge I've gained of myself is amazing.

- SHELDON RICHARDSON

**WRITTEN BY ERIC SMITH** 

#### IT WAS A RECRUITING PITCH UNLIKE ANYTHING SHELDON RICHARDSON HAD SEEN OR HEARD BEFORE.

When free agents visit a prospective team, the organization usually rolls out the red carpet while wining, dining and hyping the player up.

That wasn't the case when the defensive tackle arrived in Minnesota in mid-March and met with Vikings defensive line coach Andre Patterson and assistant defensive line coach Rob Rodriguez. The two sat down with Richardson, flipped on the film and got to the point.

So, what was conveyed in that initial film session before Richardson signed a 1-year deal with the Vikings?

"When you're a professional, you feel like you can learn a little bit more here and there." Richardson said. "But me having early success, winning the [Associated Press] Rookie of the Year [in 2013] and [making it to the] Pro Bowl [in 2014] and stuff like that, you think there isn't too much more you can learn.

"Coming in and meeting with Coach Dre, it was a complete 180," Richardson added. "He broke me down to the point where, even with my first initial step off the line, it was, 'Why is it this way and what am I doing and what's my thought process?' It was like he wanted to be in the helmet with me. It's really special what Coach Dre does."

Richardson was drafted 13th overall by the New York Jets in the 2013 NFL Draft and made an immediate impact, racking up 16.5 sacks in three seasons and some individual accolades along the way.

But he has just 2.5 sacks in 30 games over the past two seasons in New York and Seattle, where Richardson was traded to a little over a week before the 2017 season.

Richardson saw an opportunity to work with Patterson, who has coached star linemen such as John Randle and Everson Griffen, and jumped at it.

Now, as the 2018 NFL season draws near, the former first-round pick feels refreshed and revitalized.

"It's been a whirlwind, but the knowledge I've gained of myself is amazing," Richardson said.

More than five months after signing with the Vikings, things are starting to come together for the 27-year-old.

"He's done a great job. He's fit into the room very well, he does everything I ask him to do, he's eager to learn," Patterson said. "It's funny, sometimes I can see the little kid come out in him when I give him some pointers on pass rush. You can see the light come on in his head, and he's excited about it.

"I know he's had questions to some things over his career, why certain things didn't work, and I've been able to give him the answer," Patterson added. "He can speak more to it than I can, but I can see that kind of excitement in his face, that he's learning some things that are helping him understand the game better."

Vikings Head Coach Mike Zimmer said Richardson has been hard at work to implement changes in practices.

"It's flashes right now, so to be consistent with it all the time will be the telltale sign," Zimmer said.

Richardson's new focal points involve his hands and his hips; Patterson said Richardson is now focused on simply positioning himself at the quarterback and getting there quicker.

"He's getting better at [hand placement], but I think the biggest thing for him as a pass rusher is what he does with his hips, his shoulders," Patterson said. "He's quick, and he's explosive. But he has to keep his hips in a position to always be in an attack mode on the offensive lineman to the quarterback.

"So one of the things that he's done before in his career, is that he's got his hips out of whack," Patterson added.

Put another way, Patterson said Richardson had "no avenue to get to the quarterback," even if he had beaten the lineman across from him.

"[My hips] weren't planted toward the quarterback in most of my rush moves," Richardson said. "That's where my biggest problem came from.

"Just making sure they stay downhill and pointed at the quarterback at all times,"

# The other guys can hold the basket while the one guy picks the fruit. We have no problem with it."

- SHELDON RICHARDSON ON THE VIKINGS DEFENSIVE LINE

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2018

Richardson added. "Every step is at the quarterback and not just straight up the field like I had been taught."

Richardson has started 70 of 73 career games played in five seasons, including 15 with Seattle in 2017 when he had 44 tackles (27 solo), a sack, one pass defensed, two fumble recoveries and his first career interception.

As he chatted and refueled after a steamy August practice. Richardson perked up when talking about how much he has enjoyed the process of redefining his game alongside Griffen, Linval Joseph, Danielle Hunter and Brian Robison.

"I've got great guys next to me, so I've come in and joined their mode," Richardson said. "I have my days of struggling with it, and some days I'm flourishing at it. I just have to make it more consistent."

Richardson admitted that the technique he's learned in recent months is different than anything he's ever tried before.

"It definitely is. How can I put it? Some guys will teach you little tricks of the trade, but then the game will catch up with you," Richardson said. "This type of technique they're teaching me, no matter what the offensive linemen do to me, it's going to be real hard to stop me."

Joseph, a mammoth defensive tackle who has made backto-back Pro Bowls, said his new teammate's hard work is starting to pay off.

"He's starting to tune in, and he's starting to understand that this is a scheme defense," Joseph said. "It's not, 'You go out there and make plays.' Once he understood that, he's starting to see how everything develops and let plays come to him."

Richardson said he fits seamlessly within the Vikings locker room, a hard-working, relentless group of first-round selections, late-round picks and undrafted free agents.

"It's a brotherhood," Richardson said before recalling a story about how the team recently bonded during training camp. "Coach [Zimmer] kind of got mad at us because we left [inflatable] mattresses in [the locker room] for nap time, which is basically what we call it after walk-through.

"He ended up realizing it was team building. guys wanted to do that, and he looked at it in a different way," Richardson added. "It's little things that this team does that you don't see too often in the league."

The Vikings defense was the league's best in 2017, and the defensive line had a sizable hand in that success.

Griffen set a career high with 13 sacks and ranks in the top 10 all-time in franchise history. Joseph helped stuff opponents in the run game to a tune of just 83.6 yards per game, which ranked second in the league.

Hunter's 25.5 career sacks are the most by any player from the 2015 draft class, and Robison provides a veteran presence and versatility to play at defensive end or inside in special packages.

How will one of the league's best defensive lines fare now that Richardson is added into the mix?

"Pick your poison on that one," Richardson said. "The other guys can hold the basket while the one guy picks the fruit. We have no problem with it."

Richardson even went as far to say that he's fine with not recording a single sack in 2018 if it means the Vikings make a deep postseason run.

"I need to win. Sacks are just a bonus," Richardson said. "If my team wins, I don't care if I have zero sacks. Just as long as we're winning as I do my job."

Richardson's hope is that individual success and team success go hand-in-hand and make all of the work and effort he's put in over the past five months well worth it.

Richardson acknowledged he could have signed elsewhere in free agency, probably for more money. But after five years in the NFL, he wasn't afraid to take on a new challenge under Patterson's guidance.

"It was a lot of small things, but you'll be surprised how big they will be in a game," Richardson said, reflecting on his change in approach.

"It was just a good opportunity. I had a few other offers that were more lucrative." Richardson added. "This was the best fit for me."

## Lost voice at Vikings game



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#### MENTORSHIP IN THE MIDDLE

Ten minutes before the start of practice. David Parry and Linval Joseph stood together on the field in full pads.

loseph gave instruction from beneath his helmet and tinted eye shield. He demonstrated hand placements to the younger defensive tackle, who in turn mirrored the movements.

A few hours later, Parry walked off after a hot and muggy afternoon practice and spoke about the mentorship he's been grateful to receive from Joseph since signing with the Vikings as a free agent this spring.

"Linval's one of the best nose tackles in the league, so anything that he says, I take that in, I try to take from it what I can," Parry said.

"He has some physical gifts that I'm not necessarily blessed with," Parry guipped of his 6-foot-4, 329-pound teammate. "But at the same time, he teaches me a lot of concepts that apply to my game. So I've been really appreciative of that opportunity."

A two-time Pro Bowler, Joseph is entering his eighth season in the NFL. He certainly has no obligation to spend time with the younger players, but he's more than happy to take them under his wing.

Especially, Joseph emphasized, with a "good listener" like Parry.

"He wants to make this team, of course. so he's always picking my [brain]. I sit next to him in meetings, and he's always asking questions," Joseph said. "I'm always talking to him about every single play that's on the film because he actually wants to learn. When

ALWAYS TALKING HIM ABOUT EVERY SINGLE PLAY THAT'S ON THE FILM BECAUSE HE ACTUALLY WANTS TO LEARN, WHEN SOMEBODY WANTS TO LEARN, I GIVE HIM MY TIME."

- LINVAL JOSEPH

somebody wants to learn, I give him my time. He's been listening, he's been doing what I've been telling him to do, and it's started showing up in practice, it's started showing up in games."

Parry played 29 snaps against the Broncos, which was 48 percent of Minnesota's defensive snaps in its first preseason game, in addition to five on special teams.

After missing most of the 2017 season due to injury, Parry didn't take the game for granted.

"It was awesome," Parry said. "I hadn't played in about a year ... so just to be back out there playing was emotional. I was very happy to be out there."

His biggest play of the evening came late in the second quarter. The Broncos lined up at their own 34 on third-and-1, De'Angelo Henderson took the handoff, and Parry immediately stopped the running back at the line of scrimmage.

Defensive line coach Andre Patterson called Parry's first outing in Purple "outstanding" and emphasized that he applied the new technique and instruction he's learned from the





#### DT DAVID PARRY



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DT LINVAL JOSEPH



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coaching staff, Joseph and other veteran teammates. Patterson explained that rookies tend to revert back to old habits when in their first game, but Parry, a fifth-round draft pick in 2015, didn't become overwhelmed by the game-day atmosphere.

Patterson had his eye on Parry in Indianapolis, where he played his first two NFL seasons with the Colts.

"He was very physical at the point of the attack, he was hard to move off the ball, and he played with physicality," Patterson said. "Those were the things that stuck out to me."

When Patterson had the chance to have Parry under his guidance, the well-respected coach jumped at the chance to help him improve. Patterson immediately got to work with Parry on his hand placement at the line.

At 6-foot-2 and 313 pounds, Parry stands stockier than the Vikings other defensive tackles but can use his build to his advantage.

"Because he's got a lower center of gravity, it makes it easier for him to get underneath [the offensive lineman] and be able to move [the opponent] quicker," Patterson said. "I've been on him constantly, and so has L.J., about being fast with his hands more than worrying about his feet - making sure that his hands are precise in where he puts them on the offensive player."

Ask Parry, and he'll tell you he wants to be the best player he possibly can be.

Parry fell in love with football at an early age, in part after watching his brother, George, play the game. Ten years older than David, George played fullback at Harvard University with a tenacity and toughness

that David admired.

Parry also recalled watching Stephen Paea play for the Bears and wanting to model his game after the New Zealand native. His favorite player of all time, however, wasn't on the line or even on defense.

"My favorite player was Randy Moss as a kid," Parry said of the wide receiver recently enshrined into the Pro Football Hall of Fame. "I was actually a Vikings fan for a bit, but then they broke my heart a few too many times, and I joined the rest of my family in being a Niners fan. But Randy Moss was my guy when I was a kid."

Consider Parry a Vikings fan again, however. He's thrilled to be part of the NFC North division and is grateful for a shot at making Minnesota's roster.

According to Patterson, the next step for Parry is learning the new technique backwards and forwards so that it "becomes a part of David." Patterson likened it to someone memorizing his or her cell phone number and sharing it with a friend - "this technique has to become like that, that they just do it without even thinking about it."

"The biggest thing is just to continue to improve and get better, week after week after week," Patterson said. "If he does that, his style of play will prove to everybody that he belongs here.

"That's what it comes down to - every week he continues to get better, every week the things that he learns start to become a part of him," Patterson continued. "And then once that happens, you just go out and play. You don't think about it anymore."

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**AT BUFFALO WILD WINGS** 



BY LINDSEY YOUNG

#### CHECK, CHECK AND CHECK.

Over the past five months, Vikings General Manager Rick Spielman has re-signed three key players — Eric Kendricks, Danielle Hunter and Stefon Diggs — a year before their rookie contracts were set to expire, continuing to secure pieces of the puzzle and maintain consistency on Minnesota's roster. Diggs put pen to paper in July, extending his time in Purple and delivering on a promise he made 10 years ago to his father before he passed away.



"It means a lot to me because my dad sat me down a couple months before he passed away," Diggs told media members, his voice cracking. "And he just told me, 'Look after your brothers, look after your mom.' Basically, 'Look after your family.'

"And it meant a lot to me. So with this day, it just came full circle," Diggs added. "I have a lot of emotions."

From being given a chance by Minnesota at the 146th pick, to starring in the Minneapolis Miracle in last season's Divisional Round playoff game against the Saints, Diggs has made the most of his time with the Vikings.

Head Coach Mike Zimmer emphasized that Diggs has blended talent with a dedicated work ethic since day one.

"He's come in and proved, as a fifth-round draft pick, the things he can do, the catches he can make, the routes he runs and the way he works," Zimmer said. "He's been a good person off the field, he's been a good person on the field."

Added Zimmer: "One time I had him in my office and I asked him, I don't know what it was, but I asked him a question and he said, 'Now Coach, you know you knew the answer when you asked the question.' He's a smart guy who's done a great job."

Diggs has demonstrated the qualities that Spielman and Zimmer emphasize. The leadership team does not take it lightly when looking to bring in a certain "type of player."

Athletic and talented on the field, of course. But "character" has also been reiterated time and time again in reference to the Vikings locker room - and when the Vikings find players who not only make plays on the gridiron but are teammates of high character off of it, they strive to keep those names in-house.

Diggs was the most recent of three players signed between April and August.

Kendricks signed an extension almost exactly three years after being snagged by the Vikings in the second round of the 2015 NFL Draft. Since then, he has racked up 367 tackles (coaches' tally) and nabbed two interceptions. both of which he returned to the end zone for touchdowns.

The linebacker said several considerations influenced his desire to stay in Minnesota.

"I like the defense we're on now. I like the

#### STEFON DIGGS



"HE'S COME IN AND PROVED, AS A FIFTH-ROUND DRAFT PICK. THE THINGS HE CAN DO, THE CATCHES HE CAN MAKE, THE ROUTES HE RUNS AND THE WAY HE WORKS." - MIKE ZIMMER

#### ERIC KENDRICKS



"AT THE END OF THE DAY, I JUST WANT TO BE OUT THERE PLAYING FOOTBALL AND WINNING CHAMPIONSHIPS." - ERIC KENDRICKS

#### DANIELLE HUNTER



"[HE] WORKS EXTREMELY HARD, SHOWS THE PASSION FOR THE GAME, COMES TO WORK EVERY DAY TO IMPROVE AND GET BETTER." -RICK SPIELMAN

group of guys we have in the locker room." Kendricks said. "I'm just excited to get another opportunity to play with them. A crazy front in front of me - that's another factor that came into it. At the end of the day, I just want to be out there playing football and winning championships."

On June 27, Spielman locked in yet another significant piece of a stout Vikings defense in Hunter.

It didn't take long after selecting Hunter in the third round of the 2015 NFL Draft for the Vikings to prove to the outside world that they had dug up a diamond in the rough.

Spielman pointed to Hunter - who over the past two seasons has 19.5 sacks - as a young, talented football player who "works extremely hard, shows the passion for the game, comes to work every day to improve and get better" and has an even higher ceiling for which to strive.

On the Vikings current roster, 17 players have been with the team since at least 2015 -10 of them for longer.

It's all a part of the plan for Spielman and Vikings Executive VP of Football Operations Rob Brzezinski.

"Besides Coach Zim's office, I'm probably sitting in Rob's office more, especially this time of year," Spielman said after re-signing Diggs. "We do our three-year cap planning, so we're very excited, and we've worked through this to be able to get this done."

The trio of re-signings that occurred this spring and summer inside the Vikings shiny new headquarters, Twin Cities Orthopedics Performance Center, don't stand alone.

Everson Griffen, Linval Joseph, Xavier Rhodes and Adam Thielen all have signed extensions with Minnesota in the past year. The summer before, Spielman secured All-Pro safety Harrison Smith for the long haul.

The Vikings don't shy away from making splashes in free agency when necessary - as illustrated by the additions of Kirk Cousins and Sheldon Richardson in March - but will abide by the philosophy of building through the draft and keeping the family together.

"It's great to not only sign Cousins and Richardson but to keep our own," Spielman said. "And that's going to always be the priority for us if we can."



# REACH FOR WHAT WORKS.





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### Vikings Legends who have left a lasting legacy on the franchise, Minnesota and beyond participated in the July unveiling of the Vikings Museum.

The 14,000-square-foot facility features hundreds of artifacts and enables timelessness to intersect with technology in interactive displays.

Vikings members of the Pro Football Hall of Fame, including 2018 enshrinee Randy Moss, are featured via vertical kiosks that tell the stories of 14 players in words, pictures and video clips. There are founding documents, as well as audio clips from the first Vikings training camp in Bemidji in 1961 and video highlights of the greatest plays in franchise history, including the Minneapolis Miracle.

Vikings Chief Operating Officer Kevin Warren said the Vikings Museum is a reinforcement of the commitment that the Wilf family has made to embrace the history of the franchise since acquiring the club in 2005. The Wilf, Mandelbaum and Landis families, Warren said, noted that "very few owners really took the time to focus on the history" of their respective franchises.

"What a museum says is that it's a space that

holds special things, so this is our Smithsonian," Warren said. "People are going to come from around the world, but today we wanted [to host] you all as another way to say thank you.

"So many times, people are so eager to look forward in life, which we are so eager to do, but fortunately I had two great parents and some great grandparents who taught me to always look back." Warren added.

Warren said he hoped that the Vikings Legends would feel appreciated for their contributions to the history of the team.

Vikings Executive Director of Brand & Creative Erin Swartz, who oversaw the project, said opening the Vikings Museum fulfilled a longterm goal. She envisions the space at the team's new headquarters. Twin Cities Orthopedics Performance Center, as one that will continue to evolve.

"It has long been a goal of the Minnesota Vikings to create a space that could really tell the comprehensive history of this franchise and especially a priority of the Wilf family, but we knew that we had to do it right," Swartz said. "We had to find a space that was big enough to tell these amazing stories. We had to find a space that was public so our fans could come all year round and be engrossed in the stories with us." Some of the most personal artifacts are in

comprehensive displays that chronicle Hall of Fame Head Coach Bud Grant, who led the Vikings for 18 seasons, and running back Tommy Mason, the first player ever selected by the team in an NFL Draft and Minnesota's first All-Pro.

Grant, who was among the distinguished guests, became emotional when he saw a picture of himself with Sid Hartman from Grant's 1994 enshrinement ceremony. Grant loaned relics that never made it into any of his famed garage sales for display in the Vikings Museum and said he enjoyed viewing the other exhibits.

"Whoever the curators are have done a great job," Grant said. "They've highlighted all the Vikings important moments and personnel and history - it's all there. So if you're a Vikings fan, vou don't want to miss it."

Mason, who was selected No. 1 overall in the 1960 NFL Draft, passed away at age 75 on Jan. 22, 2015, but his vibrant story is able to be told through a collection on loan from his wife, Karen Mason.

The Mason artifacts range from Boy Scouts merit badges to a photo of Mason with his pet monkey, which he named "Dutch" in honor of first Vikings Head Coach Norm Van Brocklin (known as "The Dutchman"). They also include awards and all-star game appearance mementos, as well as his No. 20 jersey that is on loan from Tom and John Aldritt and their families.

BY CRAIG PETERS

"Tommy was so humble," Karen said. "I was a little nervous about doing this because he was always so soft-spoken about his accomplishments, but I did the right thing. I'm glad I did it. I think you all did a good job."

Ultimately, Karen decided that the display would provide an opportunity "for everybody to really see who he was, because he was such a darling man."

"As tough a competitor as he was, he was the nicest person I've ever met," she said. "He had such a fun side, and I think these artifacts really show that, and it does him such an honor."

### Three members of the Purple People Eaters (Alan Page, Carl Eller and Jim Marshall) shared their initial impressions of the Vikings Museum.

### Jim Marshall

Marshall, an original Viking who didn't miss a game from 1961-79, was unable to attend the alumni event but privately toured the space with his wife, Sue Landwehr; daughters, Angie Marshall Moore and Jimi Belanger; and granddaughter, Madison Belanger.

Much like the franchise, Marshall is intertwined throughout the museum.

He is in the "Frozen in Time" display for the six jerseys that have been retired in franchise history, along with Page, Fran Tarkenton, Mick Tingelhoff, Cris Carter and Korey Stringer.

Marshall's No. 70 is accompanied by his helmet, hand pads and a game ball from 1963 that was hand-painted by original equipment manager Jim "Stubby" Eason.

"I think it's a great portrayal of Minnesota football up to this point," Marshall said. "Just a fantastic display of all of the talent that's come through Minnesota, and I'm very proud to see this. It's just fantastic."



### Alan Page

Page was joined by his wife, Diane; son, Justin; and two grandchildren who saw old photos and video highlights of their grandfather play in his Hall of Fame kiosk.

Page's No. 88 jersey from the 1969 season has been "Frozen in Time" in an "ice column" that also features his helmet with its distinctive face mask and a trading card that celebrated his post-football position on the Minnesota Supreme Court.

The Page family has loaned the museum his 1971 NFL MVP trophy, from when Page became the first defensive player to win the award.

"It's hard for me to describe because in my view, independent of me, it's a majestic piece," Page said of the hefty trophy. "It captures, I think, what is great about the game of football. It projects strength but also there's a warmth to it; [it's] not just a cold piece of metal. It is quite an honor for me to have been selected, not something that I ever anticipated or thought about, and to see it here in the museum, it's special.

"As you know, I'm generally not one to look in the rearview mirror, but as Kevin said, there are times when it's important to look back," Page added.

### Carl Fller

Eller stood in front of his Hall of Fame kiosk and placed his right hand into a custom-formed handprint on a silver football – a perfect fit. He was greeted in response by a picture of himself from 1964, fresh off his time with the Golden Gophers and into the fledgling days of the franchise.

"That's my rookie year," he reflected.

Eller and his wife, Molly, turned the corner and saw the display dedicated to Metropolitan Stadium, where "Moose" roamed from 1964-78. He had a chuckle when he viewed the sword. shield, vest and horn that original Vikings mascot Hub Meeds made famous.

Eller walked past a display about the history of training camps and the Purple People Eaters before sitting to view the "Decade of Dominance" display, where his jersey joins those of the 10 other Vikings players who were on the roster for each of the team's four trips to Super Bowls.

"I'm actually amazed. I want to come back and spend more time here," Eller said. "It's a fantastic gathering of memories for me and a significant contribution to the area."

The Vikings Museum is open seven days a week. Fans can view hours and purchase tickets at vikings.com/museum.



"I think it's a great portrayal of Minnesota football up to this point. Just a fantastic display of all of the talent that's come through Minnesota, and I'm very proud to see this. It's just fantastic."

- IIM MARSHALL

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### **VIKINGS ENTERTAINMENT NETWORK**

Vikings Entertainment Network (VEN) is the umbrella for all Vikings content and entertainment initiatives including Preseason TV, team TV shows, vikings.com and in-stadium programming. Newly open TCO Studios will set the stage for signature Vikings content this fall.





Vikings Gameplan returns for a 12th season featuring the "Voice of the Vikings" Paul Allen as well as Head Coach Mike Zimmer, a weekly player guest, game film review and expert analysis. Vikings GamePlan is produced by VEN and airs Saturdays on FOX 9 KMSP and Sundays on FOX Sports North.



### **VIKINGS NOW**

Vikings Now is available for Apple TV, Roku and Amazon Fire TV streaming your favorite video content from Vikings Entertainment Network. Watch game highlights, exclusive interviews and TV shows in 1080p on your home television.



Vikings: Beyond the Gridiron is an Emmy Award-winning show that offers rare, behind-the-scenes looks at the Vikings on and off the field. Vikings: Beyond the Gridiron will be produced by VEN this fall for digital and connected television platforms.



Vikings GameDay LIVE, the team's one-hour pregame show, is back for its third season. Featuring in-depth analysis and commentary to get you ready for each week's game, Vikings GameDay LIVE will bring you live reports from the field each week. Vikings GameDay LIVE is produced by VEN in conjunction with FOX 9 KMSP and airs Sunday mornings on FOX 9 KMSP.



Vikings Connected is a Vikings fan-centric show driven by digital content and is co-hosted by Chris Hawkey, from the Vikings Radio Flagship KFAN, and Erin Newburg. Fans can interact with the show throughout the season by using #VikingsConnected. Vikings Connected is produced by VEN and will air on KMSP, My 29 WFTC and Fox Sports North.



She likes a health plan where she can video chat with a doctor whenever she needs to. Which could be anytime with this crew. If you're like Susan, you'll like a health plan from UnitedHealthcare.

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### **MASCOT GAME PLAYBOOK**

Viktor has all of his friends in town for the Mascots vs. Peewees football game, and he needs your help drawing up plays! Draw your most creative play, snap a picture of it and tag @ViktortheViking on social media and you might see the mascots run your play at halftime!



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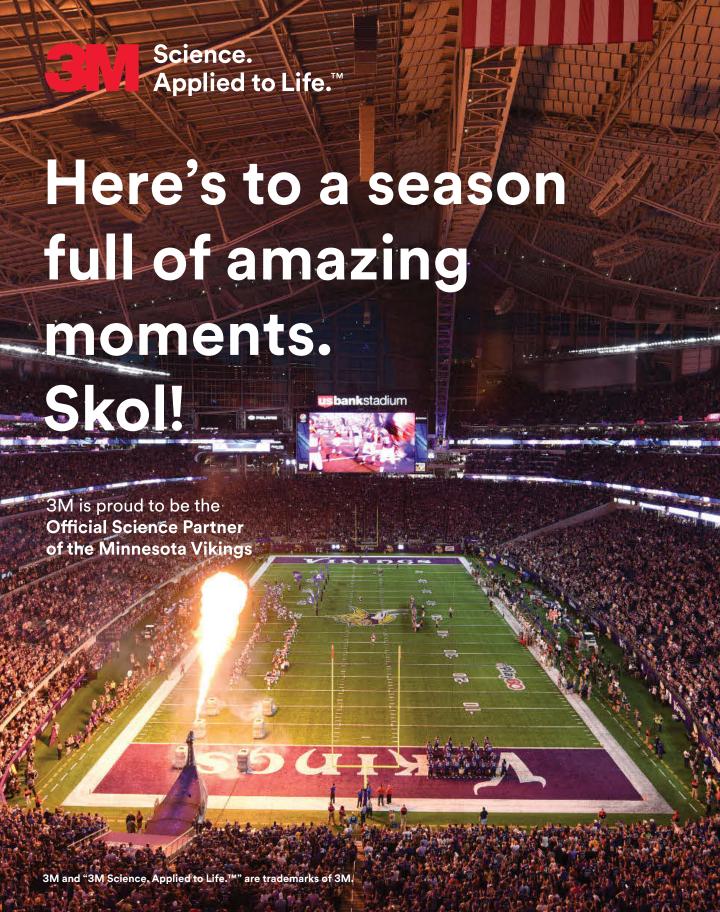
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GET TO KNOW SYDNE

HOMETOWN: SIOUX FALLS, SD OCCUPATION: EARLY EDUCATION TEACHER

### WHAT ARE YOUR HOBBIES?

I enjoy exploring new restaurants in the cities and spending time with my family and friends at my cabin!

### WHAT IS YOUR BEST LIFE **EXPERIENCE?**

My best experience would have to be the Minneapolis Miracle game. I remember crying with my team members, thinking that the season was over, when all of a sudden Stefon Diggs was sprinting into the end zone! The stadium began to roar. In that moment, I thought about how much this team means to me and how extremely blessed I am to be a part of it.

### WHAT IS THE BEST PART OF BEING AN MVC?

The best part about being an MVC is that you're not just joining a team, you are joining a family. I'm only entering my second season, but I know most of these incredible women will be lifelong friends.



### CHECK OUT SYDNEY IN THIS YEAR'S CALENDAR OR ON THE VIKINGS APP

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### SMITH STARTING



CAMPAIGN

BY ERIC SMITH

HARRISON SMITH IS KNOWN AS "HARRY THE HITMAN," A MONIKER HE HAS EARNED FOR MAKING PLAYS ALL OVER THE FIELD DURING THE FIRST SIX YEARS OF HIS CAREER.

It turns out those tackles by the All-Pro safety do a lot more than help the Vikings win football games.

Smith's annual BIG Tackles campaign raises money for Big Brothers Big Sisters of the Greater Twin Cities with each stop he makes on an opponent. Fans can pledge money per tackle that Smith racks up, with all of the funds going to BBBS.

"It's great because I get to go out and have fun, and if I'm playing well then it's going to help them even more," Smith said. "It also builds some excitement for fans watching, they can kind of get involved and feel kind of like they're out there, too. They are making an impact, as well."

Smith raised more than \$16,000 in 2016 during his first season of the program and increased that total to nearly \$42,000 during the 2017 season, in which he made his third straight Pro Bowl and garnered his first selection to the All-Pro First Team. He said he hopes to "keep ramping this thing up."

Smith hosted a handful of Bigs and Littles during training camp.

"Harrison is so attentive to them, and there's not a kid that attends any of our events with Harrison that doesn't get an autograph and a personal conversation," BBBS Director of Marketing and Brand Management Jennifer Severson said. "He is so genuine, and they appreciate it so much."

Jayvionte Jackson, a 13-year-old Little, was in attendance with his Big, Matt Jennissen.

The two took on Smith on the field as Jennissen threw a touchdown to Jayvionte, who used a double move to get past Smith, a route that lavvionte drew up.

"It was too easy," he said with a smile. Smith responded on the next attempt to bat the pass away.

"We split one to one. He got me on that little incut there, he had some good moves," Smith said. "He said he's going to come take my spot one day, so I told him to keep working and go for it."

Smith said he's more than happy to continue supporting an organization he became involved with in college. He hosted kickball and dodgeball games in recent years at Winter Park and attends multiple events each year with the program.

And he'll make even more of an impact this fall when he racks up the tackles - and the funds for BBBS.

"I'm just proud to be a partner with Big Brothers Big Sisters Twin Cities because they do phenomenal things," Smith said. "If you can get involved in any way, whether it's mentoring or supporting [them] financially or with your time, it's a great organization that really impacts lives."



### BIG BROTHERS BIG SISTERS - TWIN CITIES

Big Brothers Big Sisters of America is among the most respected mentoring organizations in the world, serving kids in all 50 states and 12 countries around the world. In Minnesota, Big Brothers Big Sisters of the Greater Twin Cities is the largest and oldest mentoring agency in the region.



### SPOTLIGHT ON **KELLY ZWAGERMAN**



HAVE YOU WITNESSED A SKOL SERVICE TEAM MEMBER GOING ABOVE AND BEYOND? E-MAIL YOUR STORY TO

GUESTSERVICES@VIKINGS.NFL.NET

Whelan Event Staffing Services (WESS) Supervisor Kelly Zwagerman was a part of security and guest services at this year's Verizon Vikings Training Camp, the first held at the Vikings new home, Twin Cities Orthopedics Performance Center. Kelly initially started providing security services at the University of Minnesota, where she worked Vikings games, concerts and other sporting events.

The Ames, Iowa, native was very eager to approach the 2015 Vikings season, but after a recurrence of breast cancer, she had to take time off for treatment. Just as the Vikings Fight Song says, "Rock 'em, Sock 'em, Fight! Fight! Fight! Fight!," Kelly, however, fought and was not only able to finish the 2015 season, but continued to work the 2016 and 2017 seasons as well after the Vikings moved into U.S. Bank Stadium. She even worked Super Bowl LII.

A teacher of communications classes at Faribault Middle School during the school year, Kelly felt that working training camp would be an enjoyable way to stay busy during the summer, connect with enthusiastic fans and work with a dedicated group of people. Kelly loves that training camp was an affordable experience that brought people of all ages, backgrounds and abilities together to share a common theme that crosses all barriers: pride in the Minnesota Vikings. Whether a guest drops his or her ice cream or needs wheelchair assistance, she constantly goes above and beyond to ensure guests have the best possible experience.

On game days at U.S. Bank Stadium, Kelly is located in the skyway entrance. If you happen to see her familiar face, feel free to wave and thank her for her hard work.

Thank you, Kelly, for your dedication to the Minnesota Vikings and your desire to give fans the ultimate experience. We are so grateful to have you as a Team Member!

### MAIN CONCOURSE



### **UPPER CONCOURSE**



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- **LOFT SUITES 1-27**
- **TRUSS BAR**
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- **VALHALLA SUITES**
- **NORSEMAN SUITES 16-25**
- **SE NORSEMAN SUITES**
- **LOFT SUITES 28-46**



### CONCESSIONS

### FOOD

### **BBO GRILLED CHICKEN** SANDWICHES

Plaza stand

### **BRISKET SANDWICHES**

111, 324

### **CHEESE CURDS**

114, 118, 129

### CHEESEBURGERS

103, 124, 132, 143, 304, 313, 328, 339, 345

### **CHICKEN TENDERS**

103, 121, 124, 132, 304, 313, 328, 345

### **CUBAN SANDWICHES**

348

### ELOTE CORN

114, 348

### FRENCH FRIES

103, 121, 122, 124, 132, 304, 313, 328. 345

### FRIED CHICKEN

111

### HOAGIES

344

### **HOT DOGS AND BRATS**

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### MAC & CHEESE

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### **MEATBALLS ON A STICK**

114

### NACHOS

103, 105, 113, 116, 122, 124, 129, 131, 132, 304, 311, 313, 317, 328, 341, 345, 347, 349, 360

### **PEANUTS**

All concession stands and portables

### PIZZA

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### POPCORN

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### **PULLED PORK SANDWICHES**

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### **RIB TIPS**

Lola at the Longhouse and Plaza stand, 334

### STEAK SANDWICHES

107

### TACOS

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### WILD ROASTED TURKEY **SANDWICHES**

124, 134, 328

### WINGS

Lola at the Longhouse and Plaza stand

### DESSERTS & TREATS

### **BOMBOLINI**

121, 344

### **BUBBLE WAFFLE**

111, 318

### DIPPIN DOTS

129, 307

### FROZEN HOT CHOCOLATE

121, 344

### **ICE CREAM**

111, 114, 318

### MINI DONUTS

### **ROASTED ALMONDS**

### BEVERAGES

### ALL CONCESSIONS STANDS AND FOOD PORTABLES

Bottled Water, Bottled Soda

### ALL CONCESSIONS STANDS

Fountain Soda, Gatorade, Draft Beer

### **ALL BEER PORTABLES**

16oz Canned Beer

### **CRISPIN HARD CIDER**

124, 328

### **HENRY'S HARD**

SPARKLING WATER

124, 328

### **CRAFT BEER WALL & COCKTAILS ON TAP**

130

### CONCESSION STANDS

1ST & FRV 129

**612 BURGER KITCHEN 143, 339** 

**AZ CANTEEN HOAGIES 344** 

**AZ CANTEEN ROTISSERIE** 121

MARKET BBO 324

**CARIBOU COFFEE 138** 

**CURDS & CAKES 114** 

**ENDZONE GRILL** West

EndZone (Event Level)

LOLA'S WINGS Delta Vikings

MILL CITY CLASSICS 105, 118.

NORTH STAR GRILL 103, 124, 132, 304, 313, 328, 345

PRAIRIE DOGS 122

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**REDZONE GRILL** 106, 112, 130,

**REVIVAL** 111

**R-TACO** 310

STATE FAIR FAVORITES 114.

118, 129

STONE ARCH PIZZA CO.

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**TWIN CITIES FOODIE 101** 

### **PORTABLE STANDS**

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THE BRAT STAND 140 (Event

Level), 317, 347

**IKE'S CARVING 119. 329** 

THE KERNEL 103, 318

**KRAMARCZUK'S** 108, 336

M-ARTISAN PRETZEL 134.

311, 346

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**STEAK & CHEESE** 108

**WALKING TACO 132, 160** 

**GLUTEN-FRIENDLY** 

**MILL CITY CLASSICS -SECTIONS 113, 317** 

Gluten-Friendly Hot Dog Buns

**BE GRACEFUL -SECTIONS 124, 328** 

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